

Welcome Back!

New DSA starts year with fresh mandate

By Patrick Moore

A new Doon Student Association awaits incoming students this fall, says DSA president April-Dawn Blackwell. Blackwell and the rest of the DSA were speaking in interviews with Spoke, July 30.

Laura Brillinger, DSA promotion assistant and third-year marketing student, said she originally joined the DSA because it sounded like it was something fun to do.

She said she is in charge of getting the liquor licence for the DSA this year, so more people will hopefully get involved in DSA events.

Cheryl Jack, education and communications co-ordinator and third-year marketing student, said she chose the DSA as a way to get more involved in the school.

She said the DSA is trying to put on more events that students will be interested in. "There is going to be something for everyone."

She said her primary goal for next year is to make students more aware of educational issues such as tuition. "It is important for students to know how much it is going to cost them for their education."

Krista Ogg, vice-president of operations and a third-year management studies student, said she did not want to return to the college next year thinking she missed anything. She said she also joined for the experience.

Ogg said since orientation has been increased from one week to two, students will have more time to enjoy themselves and get used to college life.

Chris Kroeker, DSA promotions assistant and second-year management studies student, said he joined the DSA because of his volunteer work last year.

Kroeker said of the new DSA, "We definitely want students to



THE NEW DSA — Members of the 1996-97 DSA in the Sanctuary: (Standing, from left) Krista Ogg, vice-president of operations, Bev Cutone, vice-president of student affairs, Gavin FitzPatrick, entertainment manager, April-Dawn Blackwell, president. (Seated from left) promotions assistants Laura Brillinger, Debbie Santos, Steve Harris.

(Photo by Linda Reilly)

know where the DSA office is and if they have any questions, just to come and ask."

Bev Cutone, vice-president of student affairs and third-year marketing student, said she had a difficult time deciding to join the DSA. "I thought about not joining, but I was

already getting involved and I found it challenging and exciting, so here I am."

She said socially aware events are an important part of the new DSA. "We're having an info-fair in the student lounge," she said. "We will have a few tables set up to learn

about drinking and driving and other issues."

Debbie Santos, promotions assistant and first-year nursing student, said, "I always wanted to join the student council in high school, and I always wanted to make a difference. I don't want to be one of those

students who just comes in, opens their books and leaves."

She said she hopes orientation will be fun. "With Shinerama, as long as students come out and get involved, they will have a great time. There are chances to work in groups and for a great cause. It's important that everyone gets involved."

Steve Harris, DSA promotions assistant and second-year broadcasting student, said he joined the DSA after it was recommended to him. "I want to be a part of school events and activities," he said. "I love it. It's a great school with great facilities. I don't think a lot of students know everything that the school has to offer."

Harris said events like Shinerama, the Ashley McIsaac concert, and the Texas Scramble golf tournament bind students together outside the academic arena. "If students come out and get involved, everyone has a good time."

DSA president April-Dawn Blackwell is a third-year management studies student. She said she chose the DSA because she was not involved in student government in high school. "I picked the DSA because it is involved with and represents all students."

Her move from vice-president last year to president this year was a matter of natural progression, she said. "If I was going to continue what I started last year, I needed to move forward. The DSA grew, so I needed to grow as well."

She said last year's orientation was too fast-paced and confusing. "This year we have something for everyone. We have sports days, concerts and movie nights. These events take place on many different nights, so if you can't make it on one day, you can always come to another."

Student Internet access not likely soon, says college

By Jason Seeds

While many students feel Internet access is a right in today's learning environment, and most colleges and universities have student access, Conestoga does not.

"I can't see it done any time this year," said Wayne Hewitt, system administrator for Conestoga's computer networks.

"We don't have the man hours available to set up all the individual identification numbers."

There is extremely limited student access to Netscape in the library. The cost of the log-on time is paid through the library

budget so the librarians are the ones who actually go on the system and do the work for students. This is to make sure there is no time wasted.

Hewitt said wasted time is one of the biggest problems. "We can't stop people from doing whatever they want on the Internet. We can monitor students after the fact, that's it."

Conestoga principal Grant McGregor said he is worried about students being offended by what they see on the computer screen next to them.

"There is no way to stop students from accessing pornography."

There is also the problem of access to computers.

"How would you feel if the only room you can do your homework in was full of students browsing the Internet?" Hewitt said. "Now you have got to go to your teacher and explain why your homework is not done."

All the hardware and software that would be needed to give students access is already installed; most teachers who have a computer on their desk have Internet access.

Another area of difficulty is getting together with the registrar to keep an accurate list of who actually attends Conestoga. This is essential, said Hewitt, because accounts

must be updated as soon as the records change.

The ball has to get rolling from them, said Hewitt. "Administration will have to give us the records from which we create or erase accounts. Although it wouldn't be much to set up, as of now there is no communication between us and them."

"I sympathize with students who want access," said Hewitt. "I know they want it and we want to give it to them."

Hewitt said within the year, 100 or 200 students in certain programs may get access.

He said students in research-intensive courses like journalism would come first.

Conestoga recognizes sponsors

By Jason Romanko

Conestoga College is showing its appreciation for companies that have donated a major gift to the college by mounting plaques on room doors around the Doon campus.

Shari Dickson, campaign officer, said a major gift consists of a donation of \$25,000 or more.

The donations were collected during a capital campaign, started in 1992, for the new Conestoga school of business building. The building was completed in the summer of 1995.

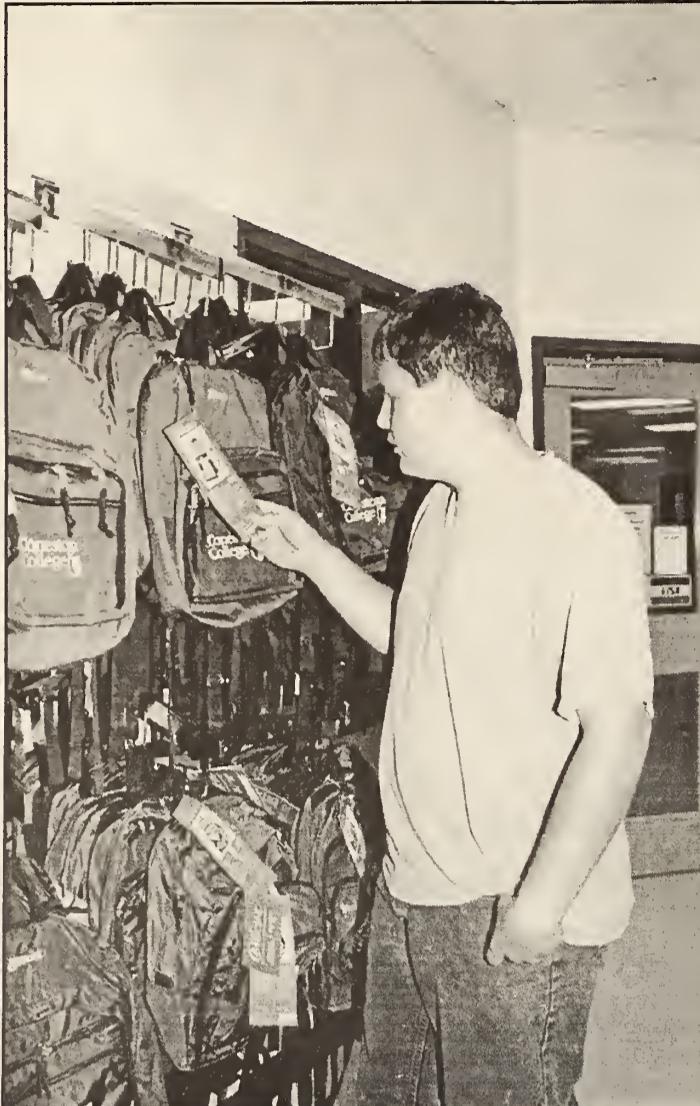
Thirty-seven companies responded with major donations to the fund-raising campaign, and have been acknowledged with 47 plaques on room doors.

"This is only part of the recognition the donors have received for their support in helping us reach our goal," Dickson said. The goal aimed for, and reached, was \$4.5 million in corporate sponsorship.

"We tried to put the plaques in an area of the college that would match with each company's area of expertise."

"For example, the plaque on the robotics lab door recognises Rockwell Automation and Allan Bradley, and the journalism computer lab recognises The Record on their door."

The plaques are inscribed with the words "The Conestoga College Campaign" in the upper left hand side, then "This room is generously provided by," followed by the sponsor's name and then the slogan, "Investing in skills for tomorrow," and finally the date of the donation.



AHEAD OF THE PACK — Mike Fischer, a first-year electrical engineering technology student, checks out knapsacks in the bookstore Aug. 6.

(Photo by Judith Hemming)

DSA tunes into CKRZ

By Patrick Moore

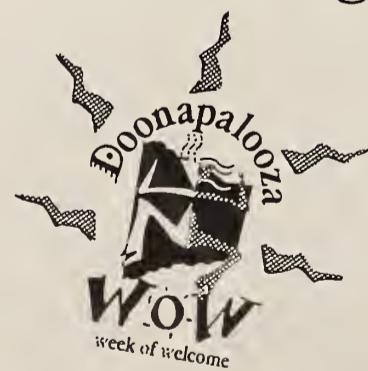
The DSA needs to make a concentrated effort to see that Conestoga's radio station, CKRZ, is played in the student lounge in the mornings, said DSA president April-Dawn Blackwell.

Blackwell was speaking to the DSA executive, July 30.

"We usually play the radio station in the morning, but lately the

juke box has been played during that time," she said. "People from the broadcasting program have come down to the lounge and done multiple checks to see if the radio station was on, and mostly it wasn't."

Blackwell said it would now be in the DSA members' job descriptions to make sure CKRZ was being played in the student lounge during the morning.



Official Welcome to Conestoga College & Playfair

WED. SEPT. 4
11:30 AM - 1:30 PM
BY THE POND

WELCOME

We encourage you to attend this event. It will be a great opportunity to meet College Officials and the "NEW" DSA Executive.

PLAYFAIR?

Playfair is unlike anything else you have ever experienced. Its entertainment! It's madcap fun! It's the perfect way to make new campus friendships. We look forward to seeing you there!

Stop by the DSA Office for More Info!



WWW - www.doonasa.com

Shinerama kicks off Sept. 7 Shining for good cause

By Peter Marval

Conestoga's third annual Shinerama for cystic fibrosis kicks off Sept. 7 with a multitude of events scheduled for student volunteers.

Shinerama was started in 1964. Conestoga's participation in the event began three years ago.

Volunteers collect donations by shining shoes to help combat cystic fibrosis, a common hereditary disease which causes faulty digestion and difficulty in breathing due to mucus accumulations in the airways.



Debbie Santos, promotions assistant for the Doon Student Association, said in addition to shoe shining, an aerobathon, car wash and windshield shining will be held to help raise money.

She said students who volunteer will meet at the college for a free breakfast and then depart to key points across Kitchener and Cambridge. Free refreshments throughout the day and lunch will also be provided.

She added that prizes will be given out to the best group and hardest-working shoe shiner.

The aerobathon will be held at Exclusively Women in

Cambridge, with students who wish to attend having to pay \$5, she said. Free one-year memberships and T-shirts will be raffled at the club.

She added that students wishing to attend the aerobathon have the option of finding sponsors to help raise more money.

For Santos, a first-year nursing student, organizing this year's Shinerama was quite a learning experience, she said. "I really got attached to this."

After learning about the cause and meeting people afflicted with the disease, I totally wanted to do as much as I could for the Cystic Fibrosis Foundation."

The means by which she did this was holding a pop and beer bottle collection drive all summer and personally asking businesses for donations.

She said she hopes to beat last year's total donation of \$1,500 and is hoping for at least a hundred volunteers.

Santos will be recruiting volunteers during registration and orientation week in "D" lounge.

This year over 60 universities and colleges from across Canada will participate in Shinerama.

Students to receive new DSA membership cards

By Patrick Moore

Students entering Conestoga this fall will have one more item added to their registration kit: a DSA membership card.

The DSA members discussed the new cards at a DSA meeting, July 30.

The new membership cards are

to be issued so students can feel they are a part of the DSA, said April-Dawn Blackwell, DSA president.

Beverly Cutone, DSA vice-president, said the cards could also be used to acquire discounts at local stores. The cards will be issued in the incoming students' registration packs, said Cutone.



VOLUNTEERS

* ARE YOU LOOKING TO IMPROVE YOUR RESUME?

* DO YOU LIKE TO WORK IN A FUN & FAST PACED ENVIRONMENT?

IF YOU ANSWERED YES TO ANY OF THE ABOVE QUESTIONS:

* DON'T DELAY COME AND SEE US IN THE DSA OFFICE RIGHT AWAY!!

OPPORTUNITIES ARE ENDLESS!

WHAT THE HECK IS GOIN' ON?

(Come to the DSA office in the Sanctuary
for Details on W.O.W. Events and More!*!)

Ad created for the “New DSA”

Friday, September 6

Psychic Readings
12 noon, The Sanctuary
Find out what the future has in store for you! Dan Valkos will be here to look into your future.

Thursday, September 5

"Talk Sex with Sue"
12 noon, The Sanctuary
Sue Johanson is on Campus with all the answers to your questions. Stop by and let's talk about sex!

Wednesday, September 4

Official College Welcome & Playfair
11:30 am - 1:30 pm, outside Main Cafe.
Greetings from College Admin. & the DSA Executive.
Then get ready for fun!
Playfair is totally unlike anything else you have ever experienced!

Tuesday, September 3

DSA BBQ Blitz
11 am - 2 pm, outside Main Cafe.
Join us at the BBQ for food and free entertainment!
The first 100 at the BBQ receive a free gift.

Saturday, September 7

Shinerama
9 am start, Main Cafe.
Join us for a FREE breakfast before starting your day as a Shinerama volunteer. FREE t-shirts, lots of prizes, and FUN! Help support CF-volunteer at the DSA Office.

Sunday, September 8

Family Playday
12 noon - 4 pm, outside Main Cafe.
Bring your family for a fun filled afternoon. Games & activities for the kids. FREE BBQ! Sign up at the DSA Office by Friday, Sept. 6.

Monday, September 9

Free Nooner - "the 3 Canadians"
12 noon, The Sanctuary
They are an interactive, "in your face" comedy troupe who continue their world tour with a stop off at Conestoga College.

Tuesday, September 10

Side Show
12 noon, The Sanctuary
Ouch! Body piercing demonstrations. You have got to be kidding!

Twoodie Tuesday, Outdoor Movie
8:30 pm, outside Main Cafe.
Bring your lawn chair & blanket - TWISTER is featured outdoors!

Wednesday, September 11

Free Nooner
12 noon, The Sanctuary
More free entertainment!

Sportsarama
3:30 pm - 7 pm, Recr. Centre
No experience necessary - these games are just for FUN!

Friday, September 13

Orientation Open
12:30 pm tee off, Doon Valley
Best ball Tournament! Sign up in teams of 4 or as an individual. Entry fee \$25/person. Great prizes! Sign up by Wed. Sept. 11 at the DSA Office

Thursday, September 12

Ashley MacIsaac Concert
2:30 pm, by the Pond
The Concert for the year!
"Ashley MacIsaac fiddles like he is possessed." Simply amazing!
Ticket are \$10 - available now at the DSA Office.



COMMENTARY

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SPOKE

"Keeping Conestoga College Connected"

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SPOKE is published and produced weekly by journalism students of Conestoga College. SPOKE is mainly funded from September to May by the Doon Student Association (DSA). The views and opinions expressed in this newspaper do not necessarily reflect the views of Conestoga College or the DSA. Advertisers in SPOKE are not endorsed by the DSA unless their advertisements contain the DSA logo. SPOKE shall not be liable for any damages arising out of errors in advertising beyond the amount paid for the space. Unsolicited submissions must be sent to the editor of the above address by 9:30 a.m. Monday. Submissions are subject to acceptance or rejection and should be clearly written or typed; a WordPerfect 5.0 file would be helpful. Submissions must not contain any libellous statements and may be accompanied by an illustration (such as a photograph).

Snobelen's White Paper offers 'common sense'

The government's Future Goals for Ontario Colleges and Universities, a discussion paper, provides an honest, common sense approach to reform of the education system.

Also known as the White Paper, it provides the basis for a public debate, led by a government-appointed five-member panel. It leads the debate to three main issues: costs, quality of education and relevance.

The province wants post-secondary schools to offer a variety of programs, to provide excellent education that is accessible to all qualified students and to be accountable to users and taxpayers.

The White Paper suggests increased co-operation among post-secondary institutions as well as increased non-government involvement.

The government also wants to ensure universities and colleges are preparing students for the ever-changing job market. Post-secondary schools that fail in this area are a waste of taxpayers' money and students' time.

Education Minister John Snobelen said there is a "critical need for knowledge and skills that differ from those required in the past . . . the employment scene will be far from stable." Snobelen's White Paper outlines these and other challenges that must be faced.

The White Paper says, "Although funding considerations are at the root of some of these issues, they are not the prime concern." But it would be remiss if costs were not discussed. The system needs increased private sector involvement, but the paper shies away from the discussion of private universities or colleges.

It offers instead the obvious answer of increased corporate involvement without suggesting how this is to be achieved.

Students will be asked to take on more responsibility but the paper ignores the relationship between accessibility and affordability.

While students' groups such as the Canadian Federation of Students might criticize the government for its concern over financial issues, they are mistaken to think it is at the cost of other education issues. If the system is hopelessly ineconomic, there is little hope there can be quality education.

Snobelen has provided an excellent starting point. Now, the five-member panel owes the government, the taxpayers, the universities and colleges, and most of all, the students, its best vision for a better education system.

A little perspective can go a long way

By Diana Loveless

It is amazing how quickly things are drawn into perspective when someone you love is faced with a life-threatening illness. Everything else becomes secondary.

Earlier this year, my mother-in-law was diagnosed with multiple myeloma, a rare and fatal blood cancer.

Finding this out was such a jolt, an awakening of the things that are really important. Every day, every telephone conversation, every visit becomes so much more crucial. And many insignificant things fall into their place of relative unimportance.

Our culture stresses the value of individuality and encourages us to focus on our own interests, advantage or pleasure.

It's unfortunate that we can't shift focus to include those

around us, whether they be family members, friends, neighbors, or people in other countries.

We are forever being told that Canadians enjoy the highest quality of life in the world. I find that a bit hard to swallow when I see people living in the streets, children living in abject poverty and tax cuts that will benefit the rich at the expense of the poor.

Just as I find it difficult these days to enjoy myself while my mother-in-law lies in a hospital bed enduring massive doses of chemotherapy, so too do I find it difficult to appreciate the world's highest quality of life when so many other people go without even the basic necessities of life and liberty or suffer unspeakable horrors.

When I find myself becoming consumed with my own minute problems, I try to imagine the enormity of battling a deadly disease, the despair and loneliness of life on the streets or the horrors of a Bosnian rape camp. This helps to put things into perspective.



Registrar's administration fee ignores students' financial woes

By Jason Seads

Just how does Conestoga College make its money?

Instead of selling an education to students, Conestoga has taken the next step, which is to get as much money as possible out of students themselves.

Case in point is the \$50 fee charged to students who don't have enough money to pay both semesters' tuition by the fantastically early date of July 12.

Out of 10 post-secondary institutions polled, including the three local universities and Mohawk and Fanshawe colleges, Conestoga is the only post-secondary school to take advantage of its students in this way.

Fred Harris, Conestoga's head registrar, said if the fee was not charged, registration would resemble a zoo come September. He said too many people don't show up, causing disruptions to class sizes and schedules.

Doesn't this come with the territory? Isn't there a partnership between the students and the administration? Isn't it our job to go to classes and learn and the registrar's job to do the paperwork, no matter how much of a headache that may be?

By forcing students to pay by July 12, Conestoga is shifting its administration job onto us. Of course, if we fail to pay, Conestoga makes extra money.

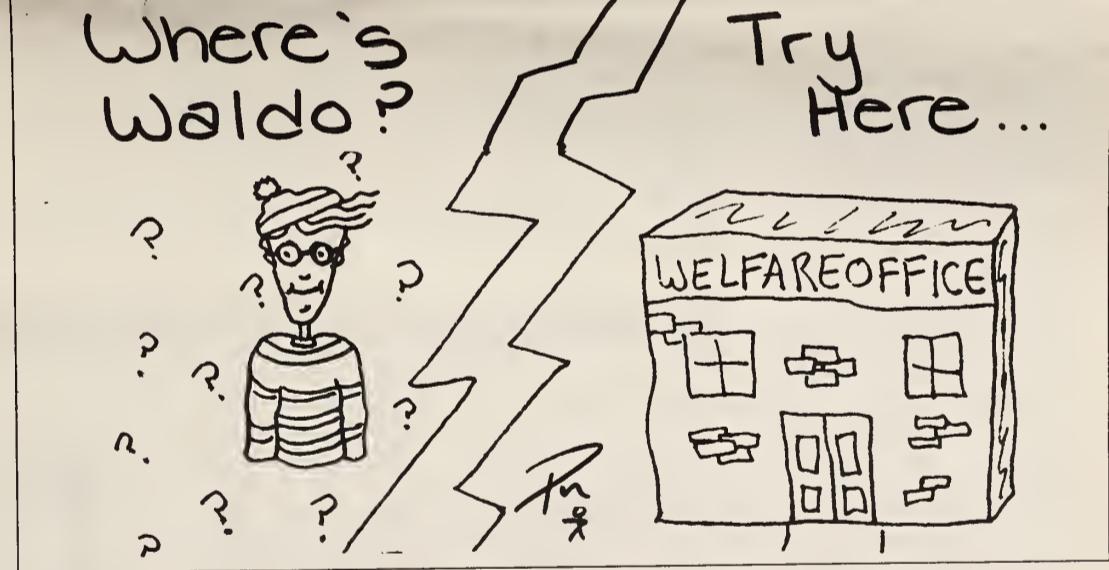
Harris said in an ideal world every student who registered for classes would show up, and the fee would be unnecessary. Well, why should students pay because

it is not an ideal world? Why doesn't the institution, the one that is offering the courses, put up with the hassle of registration in September? Isn't that part of what running a school is all about?

How can Conestoga get away with charging the students extra money so paperwork will run more smoothly in September?

Ken Levine, registrar for the University of Waterloo, said Waterloo gives students as much time as possible to pay, which means waiting for summer earnings or OSAP. "Asking for money in mid-July would put students in an awkward position," he said. "Resources are hard to come by."

Conestoga is in the black and our president makes more money than the presidents of all three nearby universities. It seems John Tibbits is the head of a corporation, not an institution of higher learning.



High IQ doesn't necessarily make people better members of society

By Linda Reilly

Is having a high Intelligence Quotient (IQ) and belonging to Mensa really important?

In 1945, Mensa Canada, an organization for people with high IQs, was formed. The minimum IQ to qualify for Mensa is 132. There are five million people in North America in this intelligence category, but Mensa only has 100,000 members.

To qualify for entrance into the organization, a universal exam, based on vocabulary, analogy, mathematics, reasoning and logic, must be written.

Renata Radek, a member since 1983, said she has met many artistic and creative people who are fairly good in mathematics but are severely underdeveloped socially and overqualified for basic jobs.

Although my IQ ranges somewhere around 140, I have never seen the point of the organization, nor

have I had the desire or time to become a member.

Mensa's one-dimensional intelligence is being challenged by the emotional quotient as a barometer to success.

According to an article I read in the Guelph Tribune, Bill Eggerton, president of Mensa Canada, is disappointed that while many members are spending so much time solving puzzles, a form of mental masturbation, nothing comes of their intelligence.

Radek still retains her membership but is too busy living life to be an active member.

Far too many members have not noticed that having a high IQ doesn't itself mean that they are going to be good people, any more than having a Rolls Royce engine in a car means you will be a good driver.

Having a high IQ doesn't mean a thing if you are not an active member of society and you don't do anything with your intelligence to contribute to the society in which you live.



COMMENTARY

Learning how to fight unexpected college costs

By Jason Romanko

Going back to school means a whole lot of changes.

You may be returning for another year of study or you may be just starting out, but one thing is certain: things change when you're at school.

The biggest change is your financial situation. The cost of putting yourself through college is going up, and keeping the damage to the bank account minimal is a challenge.

Most students have worked all summer to save up for college, and in September, the bank account looks fairly promising to make it for the year, but it is not likely.

You may have been prepared to pay for the tuition, but you may not have been prepared for the unexpected costs that creep up on you and your bank account.

The veteran students have learned about the unexpected costs, but the green students fresh from high school are in for a surprise.

The biggest cost that students underestimate is the cost of books.

Textbooks are expensive; the cost will eat into the drinking fund quicker than you can shotgun a beer.

Returning students have learned their lesson.

They proceed directly to the bulletin boards around the school to begin the mad hunt for used books.

If that fails, some students try to share textbooks. This idea should be avoided if at all possible. I've tried that little game and it is the biggest pain in the butt you will come across.

The book you want never seems to be around when you need it the most.

So don't share books — it is nothing but a hassle.

Here's another tip that can't be stressed enough.

Pack a lunch! Pack a lunch! Pack a lunch!

Money will fly out of your hand faster than you can withdraw it from the bank machine if you try to buy lunch every day.

A student can easily spend \$10 dollars a day on food, drink and pool.

The money you wasted on buying lunch will be needed at the end of the year when your bank roll consists of the cases of empty beer you never got around to returning.

Stretching a buck will be the one guaranteed thing you will have learned by the time the end of April rolls around.



By Tracy Huffman



Like many new students at Conestoga you probably have been waiting anxiously all summer to begin college. The past few months have likely been spent saying goodbye to high school friends and planning the upcoming year.

Finishing Grade 12 or 13 is like finishing a chapter, one which leads up to an exciting new period in your life. College is often seen as fast paced — cramming for tests, rushing off to events without a curfew or parents to answer to late at night and the excitement of meeting new friends.

Although you may feel prepared

for the year ahead, there's no need to rush into your first week, because the next few days will be spent hurrying from one place to another only to have to wait. Get ready, because you'll be doing a lot of standing in line and simply waiting.

To make the upcoming days less painful you may want to pick up a good book or travel about with a friend because you'll have plenty of time to kill. Here's what is in store for you.

The first stop should probably be picking up a timetable. Depending on your course of study, your location for pickup could be anywhere throughout the school. Unfortunately, this can cause confusion as people often find themselves in the wrong line, in turn making yours longer and things

run less smoothly than planned.

Next stop is getting a parking permit or picking up a bus pass. If it is a parking permit you are after, you want to get in this line early. Having a car has its benefits but you may find you have to park further away than you'd like, or you may find you didn't make it to the line in time and have no permit at all.

If you are buying a bus pass you will have better luck. Although you may have to wait in line, you don't have to worry about not getting a pass.

Getting a locker is next. Don't be alarmed, there is yet another line anxiously awaiting your arrival.

Now that you have been assigned a locker, you should go and find where it is located because the book store, a personal favorite, is

the next stop.

There is always a line at the book store the first week and once you get in, finding everything is a real treat.

You might want to go with people in the same program just to be sure you get everything you need. Returning later only means waiting again. Don't forget to pick up a lock before you leave; you'll want somewhere to drop off your books.

These are only a few of the many lines you'll wait in during your time at college. If you have managed to get through these lines, give yourself a break. Go get some lunch in the cafeteria. It's on the bottom floor. You won't miss it — there'll be a huge line. Hope you are not too hungry; it may be a while before you get served.

Welcome to college, time to line up

By Johanna Neufeld



It just never goes away. The issue of Victoria Park and its past has resurfaced once again. The park is celebrating its centennial Aug. 24 to 25.

As part of the celebrations, the German-Canadian Business and Professional Association plans to erect a \$20,000 monument.

The three-metre granite memorial will be unveiled Aug. 25 and will not include a bust of Kaiser Wilhelm I.

Residents of Kitchener and Waterloo have all heard the famous tale of Kaiser Wilhelm. In

1914, a bust of the German ruler was pulled down and dumped into Victoria Lake at the start of the First World War. His royal highness was retrieved, put in storage and disappeared some 18 months later.

It's been rumored he was melted down for napkin rings, but who knows?

He could still be in someone's garage or basement.

In 1916, Kitchener was called Berlin. Residents voted to change the name to Kitchener after Lord Kitchener, who died when the Lusitania sank and because manufacturers couldn't sell goods stamped with Made in Berlin.

Tensions between the English and German communities were already high thanks to the world

conflict, but this vote bitterly divided the groups.

It was alleged that the English forced the vote.

The proposed monument seems to be dividing the city again.

The editor of the Kitchener-Waterloo Record has received letters from people for and against the memorial. Some say it celebrates German roots while others say it glorifies German imperialism.

Over 80 years have passed since the bust of the Kaiser disappeared and residents have refused to forget old wounds.

How much longer before this problem is finally put to rest? It's not helping anyone and we'll soon be celebrating the centennial of the Kaiser's disappearance.

It will be interesting to see what happens if this memorial goes up. Maybe it will suffer a similar fate or people might just leave it alone.

Another idea would be to remove the statue of English Queen Victoria and rename the park.

Well, the one thing about it, it makes life interesting having an unsolved mystery as part of the city's history.

We are very lucky. Maybe we could sell T-shirts reading Where's the Kaiser? similar to those Can you spot Waldo? advertisements for Bell Telephone.

Quit living in the past. The city's government has moved on and so should its residents.

To forgive and forget is often difficult, but it's long overdue as this bitterness is helping no one.

Please, just leave sleeping dogs alone

By Diana Loveless

An informal survey of full-time students on campus has shown that most think general education courses are beneficial and help to round out their educations.

College literature defines general education as "an exploration of subject areas such as aesthetics, civic life, culture, personal development, society, work and the economy, science and technology" which is "designed to be a benefit to your personal growth and enrichment, informed citizenship and working life."

Electives give students an opportunity to learn things unrelated to specific program requirements, said Lou Ann Snobelen, a third-year robotics and automation student.

"Electives should be reasonable — useful things like creative or technical writing — but slightly off course from mainstream studies," she said.

Susan Bairois, a graduate of business administration in accounting, said electives are a good idea but they should be optional.

"Some of the courses I took were interesting and helped to break up the course load, but sometimes there were not many courses to choose from, depending on the block you were in."

Derek Kleinfeldt, a third-year woodworking student, said a lot of the elective courses were totally off topic and had little to do with his program.

He said he thinks college students should be given the option to take them or not. "They're not bad for general interest, but not when you're paying all that money to go to college."

Electives give students a chance to do something different and meet new people, according to Wendy Haennel, a third-year broadcasting student. "It gave me a chance to take a breather from



Lou Ann Snobelen



Derek Kleinfeldt



Wendy Haennel



Laurie Campbell



Isaac Zylbering



Reynaldo Varela

broadcasting."

First-year marketing student Laurie Campbell said electives provide the option to branch out and explore other areas of study, but said they should not be mandatory.

"If they're making us take them, there must be a reason — they (instructors and administrators) don't want to waste their time either," said Isaac Zylbering, who is on the waiting list for the

mechanical engineering technology program.

Reynaldo Varela, a third-year telecommunications student, said electives should be mandatory.

"They are a part of your growth as a student."



Athletics and Recreation

Welcome!

The Conestoga College Athletics and Recreation Program Staff would like to welcome you to the 1996-1997 academic year.

The staff have planned an exciting year full of events, sports and activities for you to take advantage of. Conestoga College offers varsity, intramural and extramural sports for everyone, including hockey, baseball and soccer.

Feel like playing some squash? The athletic complex offers everything from squash courts to a weight room.

The Condor Roost is also open to students and the public. Need to quench your thirst? Well this is the place to go before a game, during a game and even after the game. Get the team together, or even just some friends and have a good time.

Good luck to everyone, and remember, college isn't all academics.

Athletics and Recreation Program Staff Team

PAULA FEDDEMA

Administration Coordinator (ext. 513)
Responsible for the day to day arena\gym bookings and rentals and coordinates administrative operations for the Athletics and Recreation Department.



MARLENE FORD

Community Program Assistant.
Assists with certain community programs, including leagues for adults and youths, as well as statistics for all leagues, and oversees the intramural\extramural programs and the Student Athletic Committee.



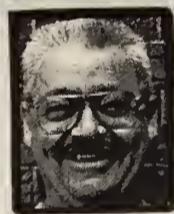
LYNDA CARMICHAL

Athletics and Recreation Senior Clerk.
Responsible for clerical and reception duties for the Athletics and Recreation department.



HEAD BARTENDER

The head bartender of the Condor Roost is responsible for the day to day operation at the sports bar. It also includes booking special events.



STUDENT ATHLETIC COMMITTEE (S.A.C.)

Comprised of full-time students from various programs, they are hired to assist the athletic staff to operate the intramural varsity programs. Committee members are: Conner Armstrong, Nick White, Amy Olson, Elaine Keller, Mary Anne Stevens, and April Haldenby.

Conestoga College Recreation Centre Information

Who can use the recreation centre?

All full-time Doon campus students have paid a compulsory recreation facilities fee and are entitled to full membership privileges.

What's in the recreation centre?

Olympic-size arena	double gymnasium	indoor running area	fitness gym
basketball courts	volleyball courts	badminton court	squash courts
tennis courts	softball diamonds	soccer pitch	horseshoe pits
Condor Roost lounge	outdoor speedskating oval\running track		classroom

How to use it?

Simply present your student card at the reception counter. Lockers are available for day use only. Locks may be requested at the reception counter.

Hours of operation

The centre is open from 8 a.m. to 10 p.m. Monday to Friday
Noon to 6 p.m. Saturday and Sunday

Using the gym

Efforts are made to have at least one gym available 8 a.m. to 4 p.m. Monday to Friday for basketball and badminton. Group functions may be booked (one week in advance) at no charge (during designated hours). Check our drop-in activity time (watch SPOKE).

Using the arena

Bookings must be made one week in advance. Your student membership allows you free admission to shinny, hockey and public skating. Pick up a schedule at the reception counter.

Squash court bookings

Your student membership allows you free admission, bookings must be done seven days in advance. Racquets may be rented and balls purchased. Eye protection is available at no extra cost and is recommended.

Equipment usage

Your student membership allows you to sign-out most equipment at no charge. There is a \$1.50 charge on racquets.

Fitness testing

Fitness evaluations may be booked at the reception counter for full-time students. There is a \$10 non-refundable upon booking.

Sports lounge

Condor Roost Open daily, seven days a week.



Athletics and Recreation



Community Programs at the Recreation Centre

Welcome to the new school year, and to the recreation centre activities that are available to students, recreation centre members, staff, and the community at large.

The community recreation programs are designed with every one in mind and for all age groups.

See below for our fall programs beginning in September, and check back with us in January for more exciting programs that will be offered.

All community recreation programs have separate fees as most programs have certified instructors who lead participants through the 8-10 week programs.

Our programs provide some of the best instructors available — just ask many of our past participants. You won't be disappointed!

We are always open to new ideas for programs, so please let us know if there is a program you would like to see offered.

If there is a group that is interested in joining any program, but the times are not convenient, let us know so we can try to make other arrangements.

For more information call the Athletic office at the recreation centre at 748-3512 or register at the front desk.

Fall 1996 community programs

Adult Leagues

Co-ed Volleyball League

Gather your team together and plan to attend the league meeting for full details and registration. Games will be scheduled every Monday evening, (except on holidays) from 6:30 p.m. to 11 p.m. Referees are supplied and on-site supervision will be available. The league runs from October 21, 1996 until April 1997. The league meeting will take place Mon., Sept. 23 at the Conestoga College recreation centre at 7 p.m. **Cost:** \$556 per team (GST included) \$250 deposit required with registration

Men's Ball Hockey League

Referees provided for all games. Games will be scheduled on the hour and played in the full gym with five players and one goalie. On site supervision will be provided. Games will take place Sundays from 2 to 11 p.m. The league runs from November 3, 1996 until April 1997. The league meeting will take place Tues., Oct. 22 at the Conestoga College recreation centre at 7 p.m. **Cost:** \$990 per team (GST included) \$250 deposit required with registration

Shiftworker's Hockey League

Games will be scheduled based on availability of times that teams can play. Games will run Monday, Tuesday, Thursday and Friday from October 1996 to April 1997. **Cost:** \$990 per team (GST included) \$250 deposit required with registration

from 8 to 11 a.m. The league meeting will take place Mon., Oct. 21 at the Conestoga College recreation centre at 9 a.m.

Cost: \$990 per team (GST included)

\$250 deposit required with registration

Indoor Soccer Leagues Men and Women

Games will be scheduled on the hour with O.S.A referees assigned to all games, plus on site convenor supervision.

Registration will be limited to eight teams in each division.

Women's League — games will be held on Tuesdays from 7 to 11 p.m. The league runs from October 22, 1996 to April 1997. Men's League — games will be held on Thursdays from 7 to 11 p.m. The league runs from October 24, 1996 to April 1997.

The league meeting will take place Tues., Sept. 24 at the Conestoga College recreation centre at 7 p.m. **Cost:** \$749 per team (GST included) \$250 deposit required with registration

Adult Programs

Beginner Country Line Dancing

Head instructor, Wendy Vance, certified dancer and experienced choreographer will lead you through some new and fun dances.

Where: Conestoga College recreation centre gymnasium **Dates:** Wednesdays, September 18 to November 20 from 6 to 7 p.m. **Cost:** \$56 per person

Intermediate Country Line Dancing

A step up from beginner line dancing, head instructor Wendy Vance, will continue to teach the dances and more advanced steps of line dancing.

Where: Conestoga College recreation centre gymnasium

Dates: Tuesdays, September 17 to November 12 from 6 to 7 p.m.

Cost: \$56 per person

Adult Indoor Golf Lessons

Continue your swing and learn some new lessons with instructor Jeff Lishman.

Instruction in use of irons and woods, techniques for grip, stance, swing and other fundamentals.

Where: Conestoga College recreation centre gymnasium

Dates: Fridays, September 20 to November 15 from 8 to 9:30 p.m.

Cost: \$62 members

\$73 non-members

Self Defence made easy

Join instructor Richard Wahl as he introduces participants to some techniques such as striking and grappling, escape and general self defence for safety.

Where: Conestoga College recreation centre weight room

Dates: Fridays, September 20 to November 15 from 8 to 9 p.m.

Cost: \$62 members

\$73 non-members

Fitness/Aerobics

Where: Conestoga College recreation centre weight room

Dates: Mondays and Wednesdays beginning September 23. From 7:15 to 8 a.m. Tuesdays and Thursdays

step classes beginning September 24. From 7:15 to 8 a.m.

Cost: Free for members and students \$60 non-members (must pre-register)

recreation centre weight room

Dates: Saturdays, September 21 to November 16 from 9 to 10:20 a.m.

Cost: \$62 members
\$73 non-members

Tai Chi for Beginners

Instructor Daniel Moores will guide you through this eight week program as he introduces you to the gentle, relaxing form of Tai Chi.

Where: Conestoga College recreation centre weight room

Dates: Saturdays, September 21 to November 16 from 10:30 to 11:50 a.m.

Cost: \$62 members
\$73 non-members

Indoor Rollerblading Course

This course is good for anyone who enjoys blading, or is just trying it out for the first time. Taught by instructor Ron Solomon, you will learn turning, backward skating, braking and other techniques.

Where: Conestoga College recreation centre gymnasium

Dates: Sundays, September 22 and 29, October 6, 20, 27, and November 3 from 11:30 a.m. to 12:50 p.m.

Cost: \$62 members
\$73 non-members

Fitness/Aerobics

Where: Conestoga College recreation centre weight room

Dates: Mondays and

Wednesdays beginning

September 23. From 7:15 to 8 a.m. Tuesdays and Thursdays

step classes beginning

September 24. From 7:15 to 8 a.m.

Cost: Free for members and students \$60 non-members (must pre-register)



Athletics and Recreation



Student Athletic Committee (S.A.C.)

The student Athletic Committee is comprised of students from various programs. They are hired to assist the Athletics staff in the operation of the Intramural/Extramural and Inter-collegiate programs.

The committee works to offer a variety of extracurricular activities designed to allow students, staff and faculty opportunities for recreation and sports that enhance social, psychological and physical well being.

The committee are also involved in Student Leadership opportunities (elective and workshop), attending a seminar with college and university students from across Ontario, and in making informal presentations to various student groups throughout the year.

Committee members may be reached through the athletics office at 748-3512 or in the intramural office which is located in the recreation centre. All positions are for one year. For more information on how to become a member of the athletic committee just call the athletic office at 748-3512. Applications are available in January of each year.

1996-1997 Student Athletic Committee

Conner Armstrong, April Haldenby,

Elaine Keller, Amy Olson

Mary Anne Stevers, Nick White

Part-Time Job Opportunities

Athletics and Recreation

Many part-time jobs exist in the athletics and recreation department providing students with an opportunity to earn some extra money and benefit from a productive learning experience. Positions are open to all Conestoga students, and opportunities range from officials and scorekeeper to serving as an Intramural Committee member, plus many more.

Why not spend a few hours a week making new friends, earning some extra income and having some fun while at Conestoga!

Varsity Athletics

We require the following for varsity hockey games: timekeepers, goal judges, assistant trainers, scorers, ticket takers. If you have an interest in sports, then you may be interested in

one of our many positions. Some positions start the first week of September. Trainer positions require a First Aid Certificate. Honorariums vary.

Intramural Athletics

We require the following for our men's, women's and co-ed programs: referees, scorekeepers, videographer, photographer.

Our Programs Include:

Slo-pitch, volleyball, hockey, men's fastball, basketball, soccer, ball hockey, broomball. Programs run 4-11 p.m. No experience necessary, training provided. All positions are paid on an hourly or per game basis.

Student Intramural Committee

Comprised of students from various programs,

they are hired to assist athletic staff operate the intramural/varsity programs. They work to offer a wide variety of recreation programs for students and staff. All positions are for one school year. Honorariums are paid to all positions. Applications will be accepted in January. Positions are filled in May.

Recreation Centre:

Receptionist - part-time (Fridays and weekends) Good typing and public relation skills required.

Concession Attendant - part-time. Good organizational and public relation skills required.

Maintenance - part-time Reliable, flexible with good public relation skills required.

Fitness Instructors - part-time. Good organizational and public relation skills required.

Condor Roost - wait staff Positions are available - apply at the Roost.

1996-1997 Intramural Schedule

Session One

Activity	Registration/Sign-Up	Captain's Meeting
Co-ed Slo-pitch League	Sept. 3-11	Wed., Sept. 11, 5 p.m. Recreation Centre
Mens Fastball League	Sept. 3-11	Wed., Sept. 11, 5 p.m. Recreation Centre
Co-ed Touch Football	Sept. 3-11	Wed., Sept. 11, 5 p.m. Recreation Centre
5-on-5 Football	Sept. 3-11	Wed., Sept. 11, 5 p.m. Recreation Centre
Tennis Tournament	Sept. 3-11	Mon., Sept. 16, 5 p.m. Recreation Centre
Oktobefest Open(co-ed two-ball golf tournament)	Sept. 3-20(Green fees due Sept. 20)	Thurs., Oct. 3, 2 p.m. Doon Valley Golf Club
Extramural Men's Fastball Tournament	Sept. 3-11	Tryout on Sept. 17 and 24, Oct. 1 and 8 Tournament on Oct. 11

Session Two

Activity	Registration/Sign-Up	Captain's Meeting
Co-ed Volleyball League	Oct. 7-16	Wed., Oct. 16, 5 p.m. Recreation Centre
Non-Contact Ball Hockey League	Oct. 7-16	Wed., Oct. 16, 5 p.m. Recreation Centre
Contact Ball Hockey	Oct. 7-16	Wed., Oct. 16, 5 p.m. Recreation Centre
Contact Ice Hockey	Oct. 7-16	Wed., Oct. 16, 5 p.m. Recreation Centre
Extramural Men's Fastball Tournament	Fri., Oct. 11 (all day)	Tryouts on Sept. 17 and 24, Oct. 1 and 8
Indoor 5-on-5 soccer	Oct. 7-16	Wed., Oct. 16, 5 p.m. Recreation Centre

1996-1997 Extramural Tournaments

Men's Fastball Tournament

Friday October 11, 1996
Conestoga College
Recreation Centre
Registration Deadline:
September 10, 1996
Fee: \$175

Co-ed Volleyball

Friday, February 7, 1997
Conestoga College,
Recreation Centre
Registration Deadline:
January 7, 1997
Fee \$175

Men's Contact Hockey

Friday February 7, 1997
Conestoga College
Recreation Centre
Registration Deadline:
January 7, 1997
Fee \$250

For more information contact the recreation centre at 748-3512



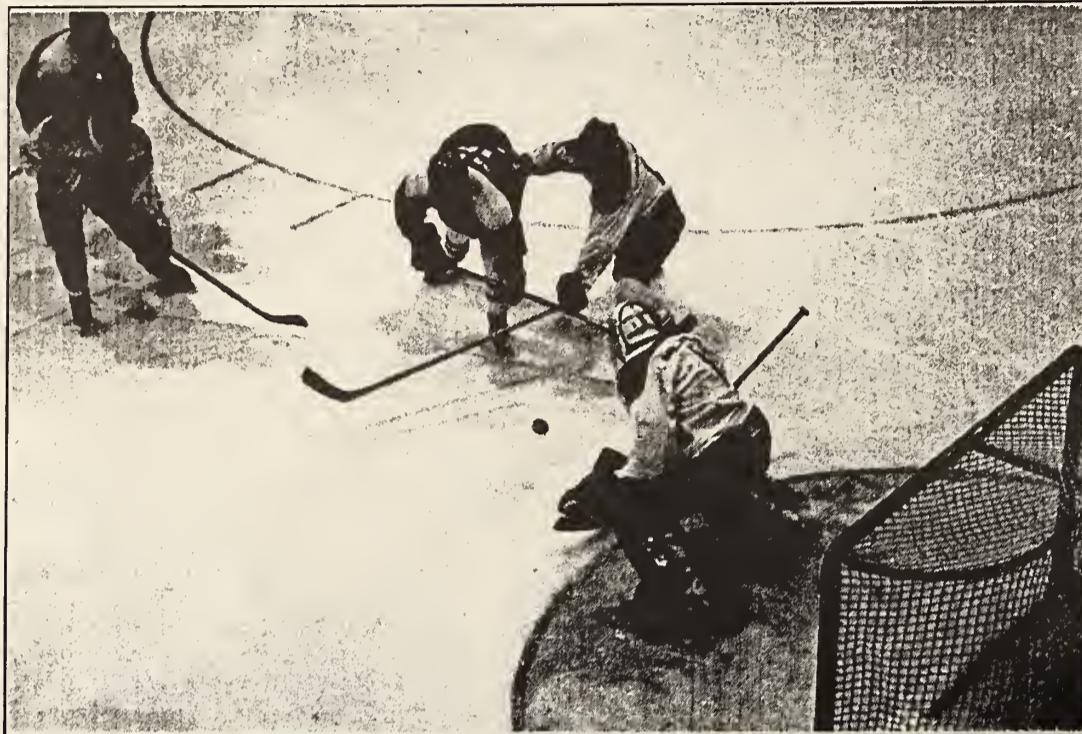
Athletics and Recreation



Conestoga College Varsity Teams

We offer four inter-collegiate sports: women's softball, women's soccer (indoor and outdoor), men's soccer (indoor and outdoor), and men's hockey.

The teams are called the Condors, and they compete in the Ontario College Athletic Association (O.C.A.A.). The teams are



also members of the Canadian Colleges Athletic Association (C.C.A.A.). Our teams also compete against university and club teams in Ontario and in the United States. We look forward to seeing you as an athlete or as a spectator at the Condor games. For more information call 748-3512

Varsity try-out dates

Women's soccer try-outs will be held Wed., August 28, at 3:30 p.m. at the soccer field.

Men's soccer try-outs will be held Thurs., August 29, at 3:30 p.m. at the soccer field.

Women's softball try-outs will be held Tues., Sept. 3, at 4:30 p.m. at diamond one and two.

Men's hockey try-outs will be held Thurs., Sept. 5 at 5 p.m. This first meeting is required for anyone wishing to try-out. The meeting will be held in the recreation centre classroom. The second try-out will be Mon., Sept. 9 at 5 p.m. This try-out is an on ice session, at the arena.

1996/1997 Inter-Collegiate Coaching Staff

Women's soccer — Geoff Johnstone & Vince Alviano

Men's soccer — Geoff Johnstone

Women's softball — Brian and Yvonne Broome

Men's hockey — Tony Martindale

If you have any questions at any time throughout the year on how to get involved ask us! We can help you get involved. Call 748-3512. You'll be glad you did!

Athletic Scholarship Program

Objective:

-To place our varsity teams in the top 15 of the C.C.A.A. ranking system, and to place our teams in serious contention for the O.C.A.A. and C.C.A.A. medals.

Purpose:

-To assist 'impact' athletes, who by their athletic skills, attitude and leadership, upgrade the performance of the team.

Who may apply:

-any varsity athlete

Criteria:

-impact player, must successfully pass all courses in which they have enroled. Must have completed all team functions in a manner satisfactory to the coach.

How to apply:

-Pick up an application from the athletic office.

Scholarships are available in each varsity/inter-collegiate sport. Every athlete is entitled to apply for a scholarship in their sport. A selection committee will be reviewing all applications in October 1996. If you need further information or for an application form, drop into the recreation centre, ask your coach or call 748-3512 extension 270 or 386.



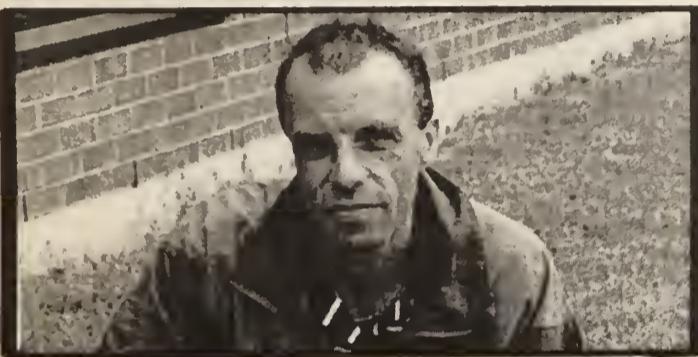
Athletics and Recreation

Stories and photos by Diane Santos

Coach lives for soccer

Vince Alviano's passion is soccer. Most people would think it is something he enjoys in his spare time, but in truth, everything else in his life fits into the amount of time left over when he is not involved with soccer. In an interview, Alviano said soccer is 12 months of the year for him, with no breaks.

Aside from being the supervisor for the print shop and material services at Conestoga College, Alviano is also an executive for the Cambridge Youth



Soccer League where he volunteers and referees, plus he is also a referee with the Ontario Soccer Association.

Growing up in Toronto, Alviano had no interest or aspirations to get involved in soccer, in fact, basketball and hockey were his

sports of choice. Alviano said "I got into soccer because of my kids. I took coaching courses and eventually one thing led to another."

The change for Alviano came in 1989 when Geoff Johnstone offered Alviano the opportunity to coach a women's varsity soccer team. Every year since then he has said it will be his final year, but every year he returns to the game and the women's team.

"Coaching the team is an experience. They are half my age, I'm

like their fathers. Sometimes when women first start out they're so in awe. It's great watching them come up through the ranks and see them develop their skills, and friendships that last for years after they graduate from Conestoga."

Baseball is a family adventure

Brian and Yvonne Broome have always been involved in sports somehow. Both of them were high-school physical education teachers, and eventually they got into coaching said Brian in an interview.

Yvonne taught at St. Mary's in

dian women's softball team won the silver.

While the Broome's were coaching a midget softball team in Waterloo, a player informed them about the opening at the college to coach the women's softball team.

Their first season (1995-96 season) with the Condors brought them a gold in the OCAA championship when they beat Durham College.

Brian said the one thing people need to know is that both him and Yvonne care about their players, and the education of the players comes first.

He said he hopes he brings positive leadership to the team and is able to provide opportunities for all coaches and players to develop their full potential.

For Yvonne, things are a little different. She said she brings experience as a player and as a coach to her teams. She also brings the parent element with her.

"Sometimes we are like mom and dad. It's their first time away from home. We have children the same age, so we understand what they are going through."

Yvonne said she is approachable, understanding and competitive. Both her and Brian expect their players to do their best, nothing more, nothing less.

"If the girls can't give the team and the game their best, then we have a problem."

Yvonne admits that even with the hard work and the pushing to

Kitchener until she retired to have children and Brian is now a vice-principal at Stanley Park School in Kitchener.

Yvonne has participated in softball as a team player and as a coach.

She attended the World Championships in Italy, where the Cana-

Winning spirit aims for gold

In England in 1969 at the age of 22, Geoff Johnstone got ready to leave England to move to Hamilton. He was preparing to attend his first year at McMaster University to do his masters in sociology.

It took Johnstone 11 months to complete his masters. In an interview Johnstone said he heard about an opening at Conestoga College and applied on the Monday. One week later he was in a classroom teaching.

Johnstone is still teaching a social issues and multiculturalism course at the college. He also co-taught a leadership course with his soccer assistant Duane Shadd.

He said he began coaching the men's team in 1971. In 1989, a group of women from the law and security program asked Johnstone to coach the women's indoor soccer tournament.

Johnstone admits he was a male chauvinist and at times it got in the way.

"I had never seen women play soccer before, it was a very different situation."

Johnstone played soccer for McMaster but he was not happy. He then played for the Southern Ontario League.

"After playing for the Southern Ontario League, I gave up soccer. Back then everything was ethnic warfare. Knives were pulled on you and spectators were chased on and

off the field, so, I retired. After one year I realized I couldn't stay away."

Johnstone said the goal for the four teams he coaches at the college are always the same...to have a championship season.

He said he would like to see either both the men's and women's team win gold, or to either win gold in both the outdoor and indoor season.

"I'm very into winning. I'm a

very competitive person, but I don't let it get in the way of how I treat people."

He said he brings to his team a knowledge of the game, and he pursues the game like an academic subject.

In truth, he loves the game.

"Everyone should love something. They should have a passion outside of there occupation that expresses who they are."



Putting fun back in the game

Conestoga College welcomed Tony Martindale to its coaching staff in the 1995-96 season. For some hockey players the game was once again enjoyable.

In an interview, Martindale said hockey has always been a part of his life.

His father was a coach, so Martindale spent a lot time around junior hockey, and he wasn't always a player. Sometimes he was a water boy or a stick boy.

When Martindale played in the junior hockey league and then a university league, his aspirations to become a coach began to evolve.

"I wasn't a very skilled player, so I had to work hard at everything in hockey. Sometimes those players are the ones who make the best coaches."

As a graduate student at Ohio University, Martindale played hockey first year, but by the second year he was behind the bench coaching.

After two years, he left Ohio and travelled to Wilfrid Laurier University where he became the Goldenhawks assistant coach for seven years.

When an opening arrived at Conestoga College, he was approached to be head coach and he grabbed the position.

"Last year was my first season

as head coach. We had a good bunch of guys who worked hard. For me, it was a learning experience. I mapped out the practice



routines, did the line-ups etc. I had great assistants who helped me, it was a good season."

When Martindale is not at the college, he works full-time as the secretary-manager for the Kitchener Minor Hockey Association, and is the program coordinator for the Kitchener Hockey School.

Martindale said he will once again strive for a successful season for his team.

"If a coach does his job correctly early in the season, and the guys are committed, then the coach is only along for the ride. It is up to the players to get results," said Martindale.

"Less focus on the coach and more focus on the team is important. My past successes in coaching are because of the players and good leadership."



Yvonne

"They can't play as individuals, they have to play as a team in order to win as a team."

For Brian it comes down to doing a good job. "I cherish the fact that when they leave us, they'll still want to play softball."

Doon campus learning resource centre ready for students

By Judith Hemming

One of the librarians at Doon's learning resource centre has said the staff is looking forward to the return of students.

"We like it when it's busy," said Cathy Potvin. "We're in the library because we like working with people and we enjoy helping people find the information they need."

This summer was quiet compared to last year.

Over the summer of 1995, the library expanded, increasing its original size by about a third, said Potvin.

There were no changes in the layout of the library this summer.

"We think that's probably it in terms of major physical changes."

Over the summer, library staff was involved in purchasing new books, as the college budget year starts at the beginning of April.

Also, the Doon library is in the process of integrating books from the Stratford library into its collection, which closed in June.

The LRC acquired some new hardware over the summer. The Doon Student Association of 1995-96 donated money to the library for five pentium computers and one laser printer.

The equipment will become part of the library's computer workstations.

Potvin said the library is replac-

ing two 286s and adding three more computers, bringing the total number of work stations to 12.

Potvin said the extra printer will be well used. "The more computers you have, the more you need the printers. They (the DSA) were very generous and we appreciated it very much."

One of the 12 workstations is a stand-alone unit, while the rest run on a network.

That computer is set up to run multi-media CD-ROMs, such as the Canadian Encyclopedia, which has sound and action clips.

In addition to the Canadian Encyclopedia, the LRC has these other resources on CD-ROM: Canadian Business and Current

Affairs; the Cumulative Index to Nursing and Allied Health Literature; Computer Select; Educational Resources Information Database (ERIC); Canadian Phone; Canadian Encyclopedia; Canadian NewsDisc; Compact D/CanCorp and Microsoft Bookshelf.

How can students unfamiliar with the library find out details about using its resources?

Some new students may have a library tour incorporated into one of their classes.

Potvin said library staff contacts instructors with first-year students to arrange tours.

"We do that because we try to focus our library program on

information that relates to the course that they're taking." Potvin said a general information tour would not allow librarians to tailor each presentation to different students' needs.

Potvin said private tours can be arranged for interested individuals who don't have the opportunity to go on a class tour.

Students can also read the student handbook about LRC resources, which has just been reprinted and updated. Copies are to be available at the library entrance in September.

The handbook contains details about borrowing privileges and how to use the catalogue, as well as a list of CD-ROMs.



PAVING THE WAY — Construction workers lay the foundation for the new sidewalk beside the recreation centre at Doon campus August 6.

(Photo by Bruce Manion)

Business computer courses switch software

By Bruce Manion

Conestoga's business department will be switching its computer applications courses to Microsoft Office starting in the fall semester.

Microsoft Office will be the new program used by business students, and it will allow students to perform functions that before took three separate programs to accomplish.

"Microsoft Office has become the standard in new software in the industry, although Corel is catching up fast," said Andy Clow, a chair of the school of business.

Clow said in a telephone interview that Microsoft Office will replace Lotus, Dbase IV and Wordperfect for creating spreadsheets.

"A spreadsheet is a spreadsheet, whether it's done on Lotus or Corel," he said.

The main advantage of updating the computer labs with the new software, Clow said, is that students will ultimately save time using the program instead

of having to go in and out of the different programs, since all functions can be accomplished with Microsoft Office.

"It's a decision we didn't have to take too much trouble to make," said Clow. "It's a standard suite, which includes five programs: Microsoft Word, Access, Mail, Excel and PowerPoint."

In addition, since Microsoft Office has become the industry standard, students will be better equipped to fill the needs of the marketplace, said Bill Easdale, vice-president of the school of business.

"One of our objectives is to keep with the plans of local employers and businesses and most of them are using Microsoft Office," said Easdale.

Students will be required to purchase a textbook for the new software but it should eliminate the use of other textbooks for the previous computer programs.

The Microsoft Office complete program package and instruction manual is sold at the college bookstore for \$220.

Welcome

Waterloo Campus Students

**Microcomputer Software Certificate
General Arts & Science: Language Option
Food & Beverage Management - Year 1
Focus
Health Care Aide**

Returning Students

**Academic Preparation
Food & Beverage Management - Year 2**

Quit monkeying around



**Read
SPOKE**



Journalism instructor retires after 24 years

By Jennifer Broomhead

To be good journalists, it's important students have a strong awareness about the world and current events, according to Rae Murphy.

Murphy, a journalism and academic support instructor, is retiring at the end of August, after 24 years at Conestoga College.

Before coming to teach at Conestoga, Murphy was a reporter for the Canadian Broadcasting Corporation in both radio and television. He also worked as a freelance writer and travelled to Vietnam and Africa.

Originally, Murphy taught only in the journalism department, but about 10 years ago he began teaching political science courses as an academic-support instructor.

Academic-support courses are open to students from various departments within the college, not strictly journalism students.

Murphy said he doesn't have a favorite subject to teach, because he likes them all.

The primary skill he has tried to instill in his students is a curiosity and interest in the world around them. He also stressed that journalists can't write about the pre-

sent until they learn something about history.

An interest in politics is another important element in being a good journalist, Murphy said. "Certainly politics is very much involved in journalism. You can't be apolitical and be a journalist."

The nature of journalism has changed and developed over the years since Murphy was a reporter, he said, especially the print medium.

Citing the recent bombing at the Olympics as an example, Murphy said newspapers are relied on more for analysis and interpretation, not just news. People are getting their news from radio and television, then looking to newspapers for the finer details.

"It's fairly different from the days of the old general reporter who just chased an ambulance or went down and got the police blotter. It's a totally different environment and a different world."

As advice to today's journalism students, Murphy said it's important for them to like writing, or they're in the wrong business.

"Students are always asking me about tests," Murphy said. "I say, 'Look, the tests I give you aren't the important ones, it's the tests



RAE-TIRING — Journalism and academic support instructor Rae Murphy retires at the end of August to pursue other projects.

(Photo by Jennifer Broomhead)

you make for yourselves. Do you like this stuff? Just keep asking yourself that."

After he retires, Murphy plans to

keep freelancing and writing on his own. He has written a book about former Canadian prime minister Brian Mulroney and is

finishing another book now, as well as working on other projects.

"I'm not really retiring, I've just stopped teaching."

Family benefits cut off for single moms returning to college

By Jason Witzell

Single mothers returning to college this fall are no longer eligible for family benefits.

Single mothers in full-time programs at Conestoga will be relying entirely on government student loans as their source of income for the eight months (two semesters) they will be attending school. During the four months in between, May to August, they receive family benefits.

Lori Talbot, second-year business student and single mother is pleased with the changes, unlike the changes to social assistance last year, Talbot said.

Talbot is referring to the 21.6 per cent in cuts the provincial government made to social assistance in October under newly elected premier Mike Harris's Conservative government.

Talbot said she feels more independent because it's money she has to pay back.

"That's why I'm going to school, so I can get a job and not need to rely on family benefits," said Talbot.

Talbot said it is not going to be easy because you get a lump sum of money and you have to budget for a long period of time.

"It's hard enough to budget for one month let alone for four

months," said Talbot.

Getting her three-year-old son to day care will not be easy either.

Due to the closure of Tallpines day-care centre at 20 Pioneer Dr., Talbot will have to bus to the Glencairn area to get him to day care.

Last year he was enrolled in the day care centre on campus and was told there would be a spot for him in September, but on the last day her son was attending day care she was told by workers she would have to find "alternative care."

Single mothers attending Conestoga do not get preference at the day care because it is not operated by the college.

Talbot said she is worried some mothers won't budget properly.

"It's kind of scary to think what's going to happen to people's kids if they blow that money."

Talbot said her budget plan includes pre-paying her bills for six months.

Talbot said the only downside to the changes, if any, is that there is no dental coverage and drug coverage is not fully covered by the college.

"That might be a problem if I have to get my wisdom teeth pulled but I'm not too worried about it," said Talbot.

Personal printer use discouraged

By Jason Seads

Some students may have noticed three strange marks in the shape of a "C" down the left margin of pages printed in any of the 11 computer labs at Conestoga.

The marks have been etched onto the toner cartridge roll in every printer by computer services to stop personal computer use.

"Having the labs open at night gives the students a chance to spend time finishing projects," said Grant McGregor, principal of Doon campus. "Too many students from this school and elsewhere are abusing the computers."

Colleen Lam, a recent graduate of broadcasting at Conestoga, said she will continue to use the computers until she finds a job.

"I still run off resumes; the little marks don't make much differ-

ence," she said. "I don't think it's necessary to stop students from using the computers — they pay for the services."

"I've seen ads for lawn cutting, babysitting, you name it," said McGregor. "I have seen many U of G and UW students in here because they have to pay to print at their own school."

Stephen Case, a purchaser for Conestoga, said toner cartridges cost anywhere from \$45 to \$81, depending on the printer.

But Case said the greatest monetary waste isn't the cartridges, it's the paper. Conestoga pays about \$7 for 1000 sheets as well as a recycling fee on a per tonne basis.

McGregor said that compared to June 1995, the school saved \$400. "We tried to stop the problem before by using three-hole-punched paper, but it didn't work."

The co-op placement office, inside Door 3, has two options for students who need a resume. They can have a resume done entirely by the co-op staff for \$15, or students can have printed an already complete resume from a disk. This costs 10 or 15 cents, depending on the quality of paper chosen, and must be in WordPerfect.

McGregor said in the future, Conestoga will have individual access codes which will enable computer services to keep track of what a student uses. For the time being, he hopes students will make use of the resume service in the co-op office.

"I am less than enthusiastic about not marking cartridges in the future," said McGregor. "Human nature being what it is, I think the computers would be abused again."

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Welcome New and Returning Students

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DSA hopes to attract more students to Playfair this year

You won't believe it until you see it, co-ordinator says

By Deborah Everest-Hill

You have to see Playfair to believe it, DSA student life co-ordinator says.

The DSA hopes to attract 300 to 350 people to its Playfair event scheduled for Sept. 4, says Becky Boertien the student life co-ordinator.

The event will take place outside, near the cafeteria, from around noon to 1:30 p.m.

Boertien said this is the third time the college has decided to feature Playfair during orientation; the DSA has not included the event for the past three years.

Playfair is difficult to explain, Boertien said. "You have to see it to believe it, to understand it.

"Generally speaking, the concept involves team-building exercises which sometimes include props."

The event usually requires between 25 and 50 volunteers to maintain the level of enthusiasm and keep everyone energized, she said.

The DSA chose not to include Playfair in its activities the last few years because the association found it challenging to attract students to the recreation centre, the selected venue, she said.

In the past, attendance at the Playfair event has been low, but Boertien said she's confident this year's event will attract more people because of its location outside the cafeteria.

She said people will notice the

activity as they eat their lunches and will want to join in.

No matter how many people participate, they always feel rewarded, she said.

Boertien said the DSA chose to include Playfair this year because it not only energizes people but brings them together.

The new students form friendships, and the joint participation of students and faculty leads to the establishment of a sense of community.

Boertien said it's difficult to get students involved during orientation because they have a lot to think about.

She said students are a lot more committed to learning than they were in previous years.



DOUBLE DUTY — Guy Peters, assistant manager of Rodeway Suites, stands in one of the student dorms which doubles as a hotel room during the summer.

(Photo by Allison Dempsey)

CFS figures show students must face rising unemployment rates

By Allison Dempsey

Recent figures compiled by the Canadian Federation of Students (CFS) show that youth employment is being adversely affected by the slowness of the economy.

"People aren't spending money," said Karin Jordan, communications co-ordinator for CFS. "It's distressing for everyone, not just for students."

A report from the federal task force on youth provides few solutions to the jobs crisis facing the students of Canada. In a recent press release, Brad Lavigne, the Federation's national chairman, said he applauds the government for looking into youth unemployment, but the task force hasn't provided any real answers. He said he supports the task force's recommendations about providing youth with easier access to jobs and training information, but said the recommendations are useless

without solid jobs to back them up.

The report provided 10 steps of action for the country to follow to help boost youth employment. Some of the steps included partnerships between and amongst governments, business and labor; timely and relevant information provided nationwide for youth; a review of the Canada Student Loans Program to ensure that all students receive the necessary funds to attend school; an awareness campaign on youth employment, and the encouragement and assistance of young entrepreneurs across the country.

The student unemployment rate for June was 17.1 per cent, meaning 189,000 students returning to school in the fall were looking for jobs. In May, 161,000 students were looking for employment.

June's figures were up 1.6 per cent from June 1995, when the student unemployment rate was

15.5 per cent. Canada's overall unemployment rate jumped 0.6 per cent from 9.4 per cent in May to 10 per cent in June.

The highest rates of student unemployment are in Newfoundland, where the unemployment rate rose 5.3 per cent, and in Quebec, where the unemployment rate rose six per cent from June 1995 to June 1996.

"We're getting the general sense from campuses that jobs are getting harder and harder to find," said Jordan.

April-Dawn Blackwell, president of Conestoga's Doon Student Association, said she hasn't heard anything definite from students about the lack of summer jobs. However, she has received phone calls concerning social assistance and family benefits, and how to properly budget funds for the school year. Because of those worries, student services has organized an on-campus seminar in conjunction with managing money.

"Students seem more concerned about educational content, and whether it will remain the same in the face of budget cuts," said Blackwell.

"About tuition increases, students are saying, 'It's too bad, but I understand.'"

Peters said the residence/hotel, affiliated with Choice Hotels, is a pioneer of this double-duty concept.

"The whole concept when it was built was for it to be used as a residence during the school year and a hotel during the summer."

Peters said it is difficult to maintain customers when the

hotel is only open four months of the year, but said he hopes customers will remember it as a summer option, and return each year.

When September rolls around, Peters said, the hotel will no longer accept travellers. Once the hotel becomes a residence, only students can use the rooms.

Peters said the residence is becoming more popular every year. As of Aug. 5, there were about 30 spots still available for the fall term. He said although the residence is geared towards first-year students because it is close to the school, many students return for two and three years.

A shared room at the residence costs \$3,350 per year, a rate which Peters said is comparable to any university residence. Each room has a television, two double beds and a kitchenette.

Peters said although this is a steep price for many students, this year the residence is offering a deferral payment plan with OSAP (Ontario Student Assistance Program) to defer payment until loans arrive in early September.

SHINERAMA '96
for cystic fibrosis
SATURDAY, SEPT. 7

WHAT IS SHINERAMA?

Shinerama is a College/University tradition which involves Conestoga students coming together to raise funds for CF Research - washing cars, shining shoes, polishing windows.

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You'll meet new people! Free breakfast & lunch!
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Stop by the DSA Office to Register as a Volunteer today!

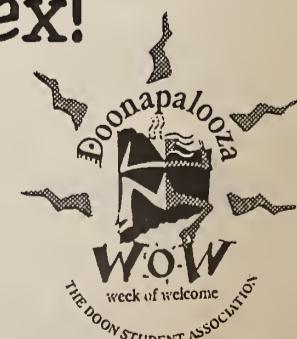


WWW - www.doonsa.com

Let's Talk about Sex!
Thursday, Sept. 5
12 noon
The Sanctuary

Sue Johanson on Campus

Celebrating 25 years of touring - Sue Johanson, will be on campus to answer all of your questions about SEX!



WWW - www.doonsa.com

Are we having fun yet?

J3

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Mike Losee, 19, shoots a game of pool and enjoys a night out at Metropolis in downtown Kitchener.

(Photo by Bryce Wilson)

Kitchener - Waterloo clubs provide variety for pub crawl

By Bryce Wilson

When I first came to Conestoga College I had never been to downtown Kitchener. From what I saw of the area surrounding Doon campus, Kitchener seemed boring and I didn't think there was much to do at night or on weekends. But Kitchener has a thriving nightlife and the downtown core is bursting with a wide variety of bars.

And so I set out to prove myself wrong, as I have done many times before, and to sample some of Kitchener's busiest watering holes along the way. With a few of my closest friends and a handful of cash I was on my way to the core of Kitchener, along King Street, to study the bar scene up close and personal on a Friday night.

BAR 1 METROPOLIS

The first bar we happened upon was Metropolis. Located downtown, this bar looks like it could be the setting for any number of beer commercials. It's dimly lit by black lighting and there's plenty of loud, alternative music and on Saturday nights they have an all-ages night.

There are a few pool tables in the main bar area and there's an entire pool room on the floor below. The balcony around

the top is closed for the summer but will be opened again once students return. If you like to stand right in front of a wall of speakers and drink beer, this is the bar for you.

BAR 2 THE LYRIC

The Lyric is located right across the road from Metropolis, but we never went inside because my friends refused to go in. However, we could hear the dance music, which is all they play, out on the street, where the bouncers were frisking the people at the head of the lineup. Be warned: the Lyric

has a reputation for being a meat market; one girl I talked to said that the bouncers aren't the only people who frisk the patrons.

And so we continued on our merry way, content to pass over one of the biggest and busiest bars downtown.

But if you're more open-minded than myself and enjoy techno, Fridays are free for women and Saturday's cover charge is \$2.

BAR 3 HOWL AT THE MOON SALOON

We moved down the street about a block and stopped in at the Howl At The Moon Saloon for a drink, but ended up sampling the food. The atmosphere is more like a restaurant than a bar, with relatively quiet music, tables to sit and eat and a fairly good menu. There's good service and the front of the restaurant has a pair of garage doors that open right onto the street.

After a talk with the manager, we managed to get into Stages next door without paying the \$4 cover charge (they're owned by the same person who owns Sammy's Garage).

BAR 4 STAGES

Stages is your average night club. There's a dance floor surrounded by a balcony and extensive lighting equipment (that looks like a UFO). But any bar that lets you pay by credit card and build up a tab until the end of the night (when you're apt to overtip the waitress) gets an A in my books.

Stages plays different music every night of the week, however, when we were there, they were playing 97.7 F.M. Wednesday is ladies' night, where women get in for free and there are plenty of prizes offered.

BAR 5 SAMMY'S GARAGE

Just a few stores down from Stages we stepped into Sammy's Garage, which is a fairly new bar that never has a cover charge. We were given numbers and told to go downstairs and wait to be called. This turned out not to be so bad, considering the basement is about the size of a small bar and even has its own D.J.

After only about 10 minutes our numbers came up and we walked up into what was the finest bar of the night.

When we entered the bar we just stood and stared (like a bunch of tourists) and couldn't believe what we saw. The D.J. is inside the front half of a truck cab that's set right into the wall.

The truck isn't the only vehicle to adorn Sammy's Garage, there's also a pair of Harley Davidson motorcycles on the wall behind the bar (worth about \$35,000 each). The employees at the bar also fit the garage atmosphere and wear gas attendant uniforms.

The bar is well lit and they evidently paid quite a bit of money on decorating. The night we were there they played dance music and the large dance floor was packed.

Perhaps the finest point about the bar was that the patrons were from all age groups and walks of life. Sammy's Garage doesn't really cater to any specific type of people like many of today's bars and it showed in the way people were interacting.

Sadly, that was the end of our tour of downtown bars because it was already 2 a.m. But there are other nights and there are other bars around Kitchener that we didn't get to that also should be mentioned.

Phil's Grandson's offers cheap drinks (\$1.50) and Club Abstract has no cover on Saturday's.

J3

SUPPLEMENT

Are we having fun yet?

Painting the town red with paintball arenas

By Doug Coxson

In the dimly lit corner of a vast warehouse you crouch with nervous excitement behind a six-foot high pile of tires. Sweat beads behind your protective mask as you aim your semi-automatic paintgun toward the darkness. As you await the enemy's approach, your spine tingles with anticipation as shouts and gunfire erupt in the distance.

In the darkness behind you, faint footfalls in the sand signal someone nearby. Cautious, you quickly turn around to see an enemy player gunning towards you and firing rapidly. A paintball explodes on your chest in a stinging burst of yellow splatter and you raise your voice to say you are hit. You have been eliminated from the game of paintball, a sport that's been around for over a decade and is now more popular than ever as indoor playing areas offer an experience the outdoor fields can't.

"The players can see exactly where the enemy is and then just beat them back."

When asked how he would describe the sport, Hal Leggett, owner of The Paintball Arena at 121 Charles St. in Kitchener, said, "It's simply grown up tag." Players form teams and enter the 21,000 square-foot arena with pressurized carbon-dioxide powered paintguns to play games such as centre flag push, in which two opposing teams try to capture a

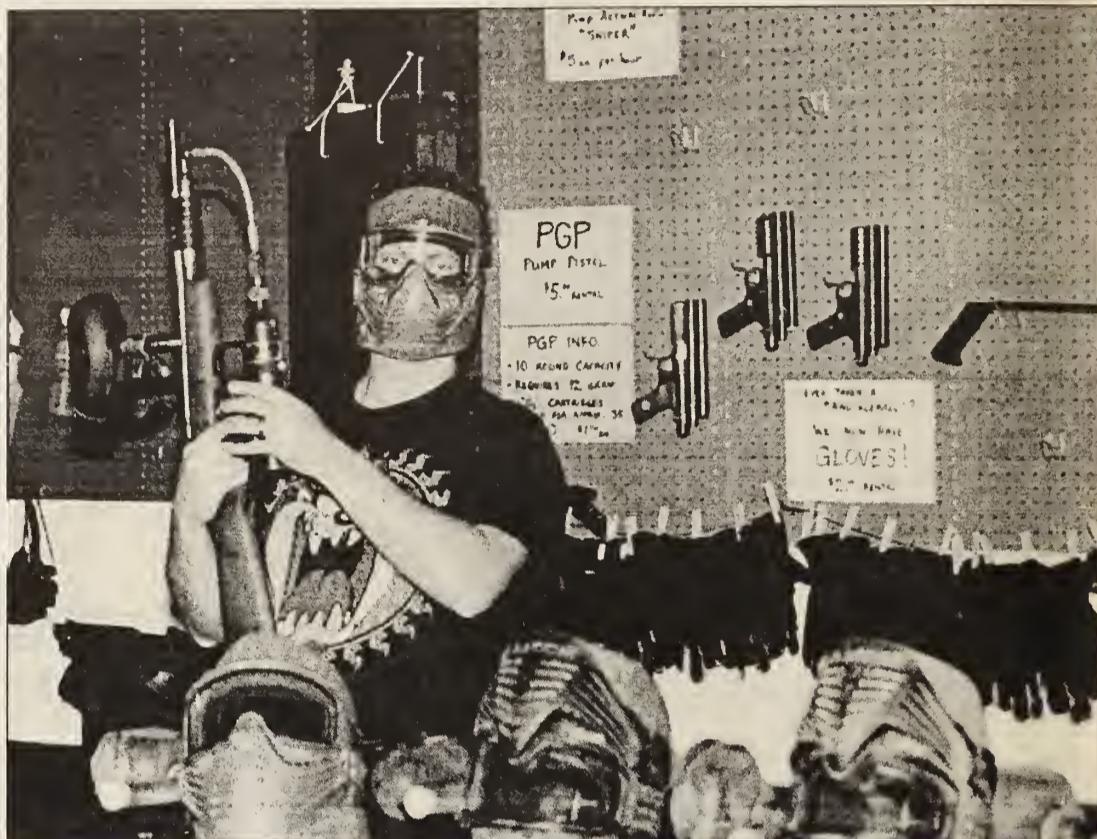
centrally located flag, or defend the castle, in which one team is positioned behind the castle walls and the other team must attack it. Players eliminate members of the opposing team by firing paintballs at them while trying to achieve an objective. There are several different games for experienced and new players.

Scenario games offer a challenge as players are given roles that help with the atmosphere of the game. One scenario, called protect the president, involves naming one player the president and several other players his or her security force. They must move the unarmed president to the other end of the playing field as a team of terrorists try to kill him or her. Players are allowed to continue playing as if they are wounded, if they are not hit in either the head or the chest. Several other scenario games, such as zombie and medic, provide players with a new experience in every game.

The playing field in the arena is set up like a city street. There is a straight line of mock buildings down the centre of the playing field and a castle wall at one end. Turrets made of tires dot the arena to provide cover from enemy fire. "The field lends itself to team play," says Leggett, "The players can see exactly where the enemy is and then just beat them back."

The entire 21,000 square foot area is covered with sand and the interior of the buildings are designed to resemble stores and pubs.

Some buildings contain laser trip mechanisms that trigger sounds to alert players of approaching enemies.



Hal Leggett, owner of the Paintball Arena, displays some of the safety equipment and guns used in the sport of paintball.

(Photo by Doug Coxson)

Games are played in rapid succession and usually last only five minutes each.

Eliminated players must exit the arena and wait in the lounge area where they can watch the remaining action from a viewing area.

There are several rules of play that are strictly enforced to ensure the safety of every player. "Safety is our number one concern," says Leggett.

Protective equipment must remain on at all times when in the arena and plugs must be put on the

paintgun barrels when exiting the arena.

During play there is a 10-foot point-blank mercy rule that keeps players from firing on opponents that are within 10 feet of them.

Referees show no mercy in ejecting players from games, or even sending them home, if they fail to follow the rules.

One hour of play, with basic equipment and 100 paintballs, costs \$25.

For two and three hours of play, it costs \$30 and \$35 respectively.

Extra paintballs cost 10 cents each. Private bookings, in which a group of ten or more players have the arena to themselves, costs \$50 an hour plus fees for basic equipment and paintballs.

Leggett says he will be arranging special student rates in the fall so everyone can afford to get in on the action.

The Paintball Arena can be reached at 579-7385 for reservations up to a week in advance, which is recommended during the busy winter season.

Recreation Centre sports more than a gymnasium

By Eric Whitfield

For students interested in playing or watching sports the Kenneth E. Hunter Recreation Centre offers a variety of sports and activities.

There are two different levels of sports offered: varsity and intramural. Intramural is open to everybody while try-outs are required to participate at the varsity level.

Varsity level sports include women's and men's indoor and outdoor soccer, men's and women's softball and men's hockey.

The hockey team, the Condors, draw about 300 fans per game, said Paula Feddema, an administrative assistant at the Rec Centre. Last year the fans watched a team that finished first in their division last year, but lost in the quarter finals of the provincial championships, which were hosted by Conestoga along with the national championships. This year the school will host the nationals again and will be given automatic placement in the tournament, said Feddema. Even with the by into the nationals the team should be

competitive again because there are several players returning, she said.

Feddema said the other varsity sports draw only about 30 fans per game but these teams are still competitive despite the small fan followings. The softball team won gold and look like they could win again with the return of players such as pitcher Fawn Day, said Feddema.

The women's outdoor soccer team won bronze at the provincials and the indoor team won the gold. Marlene Ford, athletics program assistant, said with many key players returning the teams should be in the thick of things once again.

However, the story is different for the men's team. After results from last season Ford said the teams are rebuilding. The indoor team finished third in Ontario but the outdoor team did not finish.

The most successful intramural sports include men's fastball, co-ed touch football, a co-ed 2-ball golf tournament and a tennis tournament, which was new last year.

Other intramural sports are co-ed volleyball, indoor soccer, contact

hockey, ball hockey and rollerblade hockey. New sports may be added if there is enough demand from students.

Barb McCauley, assistant manager of the athletics and recreation department, said there were 1,800 to 1,900 participants in the department's programs last year. However, many students participated in more than one activity so the actual number of participants is less than the 1,800.

The recreation centre also holds courses which are listed as continuing education courses. For a price students can take classes in country line dancing, self defence, yoga, tai chi, indoor rollerblading, indoor golf and aerobics.

For kids ages seven to 12 there are various hockey clinics, karate lessons, golf lessons, a rollerblade ball-hockey league and crafts.

The centre has a gymnasium, hockey rink, weight room with a running track and a Stair Master and squash courts. There are three baseball fields, a soccer field, tennis courts and a speed-skating oval outside the centre. Students have paid to use these facilities through the recreation facility fee, included in the tuition bill.



Dale Wojcik, a Conestoga College student, plays a game of tennis at one of the school's tennis courts.

(Photo by Eric Whitfield)

Are we having fun yet?

J3

SUPPLEMENT

General education has a purpose in curriculum

By Wendy Cummins

A new semester means a few things. Buying new textbooks, more studying, searching for classrooms and taking general education courses that don't seem to agree with your area of specialization.

Yet, whether you are in construction engineering or early child-

hood education, your new general education course may play an important role in your future employment.

"The Ontario Federation of Labor is one of the best supporters of general education because it provides more flexibility," said Joe Martin, the college's Chair of Applied Arts and Academic support. "Employers want workers to

have more flexibility and training."

General Education courses, implemented at Conestoga College in 1966, were developed to give the average student the benefit of personal growth and enrichment.

"The management of the college has to ensure that standards are met. These standards meet societies demands," Martin said. "We are the guarantor for those standards."

The workforce is constantly changing and we are increasingly required to be alert and get involved, Martin said.

"You need breadth in your education," Martin said. "Everything leads to something else."

Dolly Kit, a former Conestoga College student said that general education courses she completed while in the General Arts and Science program made a big difference when she started work.

"It helps me at work to see and understand what is going on around," Kit said.

"It gives you a different perspective that you wouldn't get with your other courses," said Kit, now employed at the Prudential Insurance company. "It's definitely an eye-opener."

Most of us are citizens of a multicultural world that calls for awareness of other cultures,

Martin said.

"The people that know have the power," he said. "If you just take one step you haven't chosen a direction."

As some employers would agree, general education is of great benefit to them and their companies.

"General education is a form of general interest that is directed towards your trade," said Hilborn Management's operation manager Don Christie. "There are some skills that need to be updated from time to time."

Udo Ohaupt, president of MDT Engineering Ltd., said that general education courses leave less training for the company to complete with new employees.

Too often I have seen people come into our organization with very specialized education who became too parochial in their thinking, said D. Dodds, president of J.M Schneider Inc. in Kitchener.

"A broader education makes the employee a much more valuable person. In most jobs a person is paid according to his or her experience, and broader education allows that person to respond to a greater variety of situations.

As well, the arts and the other subjects allow an enriched life outside the workplace," said D. Pavay, LLB of Copp, Cosman, Pavay and Law.

General Education courses

offered to students may be either specified or elective. Specified courses are those which leave you no choice, whereas with electives you have a choice.

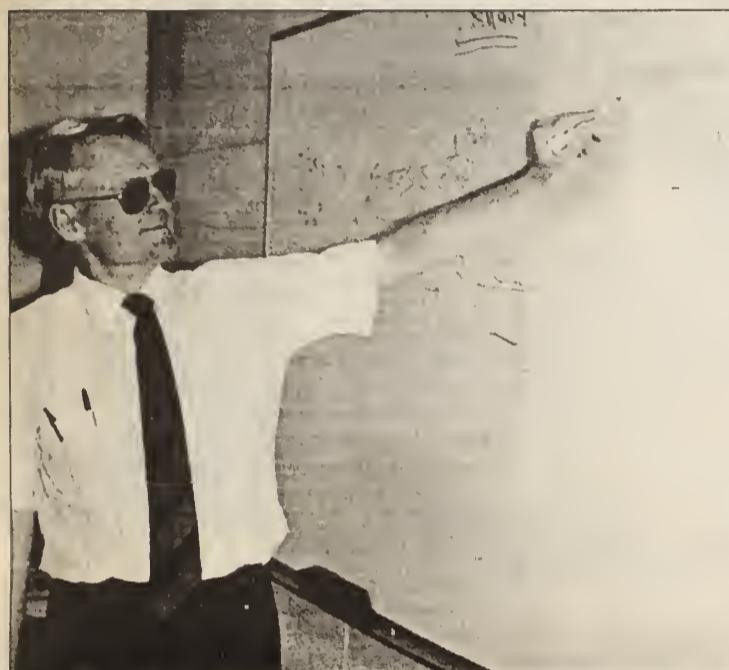
General education forms are sent out in the summer and if students haven't already filled them out they should as soon as possible. You may be allowed an exemption from previous night classes taken at the college or other post-secondary education.

If your semester isn't full already you can check with your program co-ordinator to inquire what night courses will alleviate the stress in later semesters.

Although night classes may not be like going to the bar or lazing on the banks of the Grand River, they are usually entertaining all the same.

It is a means of experiencing something new and learning about the world we live in.

As Robert Heinlein wrote in *A Time Enough For Love* "A human being should be able to change a diaper, plan an invasion, butcher a hog, conn a ship, design a building, write a sonnet, balance accounts, build a wall, set a bone, comfort the dying, take orders, give orders, co-operate, act alone, solve equations, pitch manure, program a computer, cook a tasty meal, fight efficiently, dig gallantly. Specialization is for insects."



Harvey Hornung teaches the basics of word processing in Word Perfect for Windows 1, a continuing education program.

(Photo by Wendy Cummins)

Mature students take control of school time

By Peggy Sue Ironside

Mature students returning to school have not only the demands of college, but also the demands of parenting, marriage, and jobs.

"I think you have to have some sort of (time management) scheme because your life is changing," said Joan Magazine, a counsellor with Student Services at the Doon campus. "You have so much more expected of you, that you have to be keeping track some way or another." Magazine has been involved in teaching the time management workshops offered each September at the college.

"I think many people try time management just like you try diets or saving money."

We present a specific time management process and you take what you need out of it, said Magazine.

Time management is an individual process, and requires each person to decide what works and what does not, said Magazine. Each person needs to fine-tune the program to meet their own schedule.

"I think many people try time management just like you try diets or saving money," Magazine said. You try it and if it works, you keep it "if it doesn't you throw it out."

Many students have classes for 23 to 26 hours a week. "If they treat it like a job and get here at 8:30 in the morning and leave at

4:30 in the evening, they would have a lot of free hours during the week," Magazine said. "If someone makes good use of their daytime hours, it may free-up more evenings and weekends for family, fun, and relationships."

Alan Robinson, 31, a second-year Electronics Engineering student, believes relaxing is a must. A person needs time away from studies, if you don't, you end up burning-out, he said.

In his second semester, Robinson experienced burn-out first hand. "Overdoing it was the cause: total stress, working all the time, not taking time to relax, constantly at school work," he said. "It's basically when your whole body — your mind, everything — shuts down."

Time management is not just about work scheduling, said Magazine. It can be taking every Friday night off. Part of time management is building in rewards that will motivate you.

An effective time manager is the person who is productive and relaxed at the same time.

Realizing the difference between what needs to be done and what can wait will reduce anxiety and in turn lower your stress level.

"Time management is having everything laid down exactly the way you need to do it, and that's something I don't accomplish," said Annie Gingrich, 51, a second year student in Mechanical Engineering. "But that may be because I find it's too controlling of my life."

A time manager is often stereo-

typed as a person with a to-do list and a calendar full of appointments. In his book, *Becoming a Master Student*, Dave Ellis states that the point of time management is not to become loaded down with extra obligations, but to get the important things done and still be human.

If you have seven different classes in college, you have seven different bosses.

They do not consult each other. You might have a heavy schedule one week, while the next week might be light.

The only way you can balance

your workload is by taking control and doing some planning.

When using a day-planner, "You put your major stuff down, like appointments, and you don't worry about the little stuff like 'I have to go to the grocery store to pickup a bag of milk before eight o'clock,'" Robinson said. "You prioritize major items, putting down what has to be done and leave out the piddly stuff."

Patti Natheson, 30, Robinson's lab partner in Electronic Engineering, said, "Lists are very important to me. I have to be in control of what I'm doing or it

doesn't get done. If I don't go by my schedule then I slack off — probably because I'm trying to get in any leisure time I can."

Natheson's suggestion, for people who are not comfortable using the list system, is: "Good luck! Just make sure you get your priority jobs finished first," she said.

In his book, Ellis wrote, "There are as many different styles for managing time as there are people. The trick is to discover what suits you. When managing time, it's the overall goal of personal effectiveness that counts more than the means used to get there."



Didi Kebede, 29, prepares for the micro-computer software program beginning in September at Conestoga College.

(Photo by Peggy Sue Ironside)

J3

SUPPLEMENT

Are we having fun yet?

Royal treatment at birthday bash in Kitchener pub

By Sara Maxim

A group of 15 waiters and waitresses emerged from the kitchen and approached my table singing a birthday song and clapping. A waitress was carrying a large, furry hat with plastic antlers. A waiter took a deep breath and blew into a large horn. The procession arrived at our table and a waitress placed the antler hat upon my head. The singing continued as yet another waitress set down a maple ice cream sundae in front of me. Then as the song came to its end, I, complete with the antler hat, was escorted by our server to a wheel and told to spin.

The needle flipped past the free hat and gift certificate and landed on the 'pie-in-the-face' section. The antler hat was removed, a plastic bag was placed over my shoulders and a whipped cream pie flew at my face. It was my birthday and I had just received the Moose Winooski's birthday celebration.

On the same night I celebrated my birthday, six others also received the full Moose Winooski's birthday treatment. From the looks on their faces, their families and their friends had chosen the right place to take them

for their birthday. The employees at Moosc's really do go all out to help you celebrate a birthday. Of course, not everyone was there to celebrate, the restaurant and bar were packed with people, most of which had come just to sample the menu or have a drink and play a little interactive trivia on the NTN entertainment network at the bar.

Moose Winooski's is located on the grounds of Sportsworld Park in Kitchener. Whereas most of Sportsworld's main attractions — the water park and mini-golf — close in September, Moose's remains open all year. Which was good for me, because my birthday is in December.

My friends were not through with me yet. Moose Winooski's is conveniently located in the same building as Sportsworld's only year-round attractions — the arcade, the batting cages and the driving range.

So after cleaning the whipped cream off my face, I was ready to dole out some cash, get some quarters and hit the arcade. After defeating colored ghosts in 'Ms Pacman' and doing some fast skateboarding moves in The Simpsons I was defeated by Sub-Zero in Mortal Kombat II.

Then it was onto skeeball, bas-



The Moose Winooski's Royal Treatment: Sara Maxim enjoys the better part of her "birthday celebration" with her friends — the pie in the face came later.

(Photo by Bryce Wilson)

ketball, poker, and 'Whack-a-munch' to win some tickets.

These tickets can be redeemed for an assortment of prizes — anything from a smurf figurine to a whoopee cushion to a plastic alligator.

It only took me \$15 and a lot of 'Whack-a-munch' to earn the 35 tickets I needed to win a small plastic smurf.

With the smurf tucked safely in

my pocket it was off to the golf driving range. I rented a driver, paid \$7 for half an hour and practiced my golf swing. When the time was up on the driving range, it was over to the batting cages.

I had my choice between softball or hardball for \$2.35. I donned the protective helmet and did my best to avoid the fast moving baseballs. All in all I had a great birthday celebration.

Moose Winooski's, combined with the year-round Sportsworld attractions, offers something for almost anyone's tastes. Where else can you eat dinner, have a drink, play a few video games, win a prize, practice your golf swing and get a workout in the batting cages?

If you would like to visit Moose Winooski's, you can find it at 100 Sportsworld Dr., in Kitchener, just off Highway 8, north of the 401.

Kitchener bars host big name musical groups

By Scott Nixon

New to the Kitchener area and looking for a place to listen to some good music? Whatever your musical tastes, from '70s classic rock to modern rock, the various clubs in Kitchener should satisfy you.

Lulu's, established in 1984, is the most popular concert venue in Kitchener and offers established acts ranging from '70s nostalgia bands to country acts.

Debbie Donner, who works in promotions for Lulu's, believes Lulu's is unique in Kitchener because it offers only original acts. "We don't have any cover bands," she says.

Not only does Lulu's hold room for 3,000 fans, Donner says there's also plenty of room for playing pool and dancing. Some of the bigger names who've played at Lulu's are older acts like April Wine, Tom Jones and James Brown to newer acts like the Black Crowes and Tom Cochrane. One of the bigger acts to play at Lulu's this fall are the Doobie Brothers.

This month, Mrs. Robinson's will present The Mahones, an act Schneider describes as "a big college band."

If the music at Lulu's is too "retro" for you, Mrs. Robinson's, which opened in February, offers many alternative and blues-influenced acts.

Part-owner Jim Schneider says Mrs. Robinson's is "the only bar in town where you can come in and have a nice meal." Schneider says that, unlike most bars where fans simply come to see the musical act, customers at Mrs. Robinson's come in a couple of hours before the band



The rock band, the Deep, perform at Mrs. Robinson's on July 24.

(Photo by Scott Nixon)

plays and stay for the whole evening.

Schneider says Mrs. Robinson's offers bands popular with college students. Rusty and Weeping Tile are two such bands that have recently played Mrs. Robinson's.

Mrs. Robinson's, with a new \$40,000 sound system, is gaining a reputation as a good place to jam, says Schneider. Both the Barenaked Ladies and Colin James have made unannounced appearances.

For the fan of alternative and independent acts, every Wednesday and Sunday, Mrs. Robinson's offers local acts at no charge.

Universal Honey, Paul James, and Smokin' Joe Kubek, a blues singer, will also appear.

The Volcano is also a popular concert venue among Kitchener music fans. Offering "the best variety of different music" in Kitchener, according to co-owner and booking manager Lisa Morgan, the Volcano features musical acts ranging from blues to new age to punk and modern rock.

With a capacity of 500, Morgan says the Volcano mostly presents established acts because she discovered that there "wasn't much support for up and coming artists" in Kitchener.

She does occasionally book independent bands to open for larger acts, however.

While the Volcano features live music only on Fridays and Saturdays, most nights at the Volcano feature some event. Wednesdays are jazz nights and there are also dance nights and retro nights. Our Lady Peace, Sloan, Big Sugar and Lisa Loeb are some of the bigger names that have played at the Volcano. Offering a wide variety of music, taken together, Lulu's, Mrs. Robinson's and the Volcano should quench the thirst of any music fan.

Are we having fun yet?

J3

SUPPLEMENT

Broom-swatting spirits party at local nightclub

By Trish Jackson

The Time Club, a Cambridge night club is occupied by spirits other than those available at the bar.

Over the past two years co-owners Bruce Evans and Heidi Mezger and other staff members have witnessed several eerie incidences which have convinced them that a ghost resides in the club.

They believe the ghost is female and have nicknamed her "Nancy". Mezger said any major decisions involving the club are run by Nancy for approval. If Nancy doesn't like something, she has ways of letting them know.

The ghost takes a particular interest in the care of the nightclub, reminding the staff when cleaning duties need to be done. Brooms seem to have a life of their own, and most of the staff has been swatted by a broom at one time or another.

"I get hit by brooms on a regular basis," said Mezger.

"I always know when I've missed a corner because I'll get hit by a broom."

Nancy apparently likes clean windows too. "When I forget to do the windows, she opens them," said Mezger.

So far the ghost has been harmless; it prefers to play mind games with workers at the club and is

even a practical joker.

A staff member experienced one of these practical jokes while refinishing the dance floor in January. After completing a fresh coat of Urethane on the 20 by 20 foot dance floor he went into the kitchen to clean up.

He returned about five minutes later to find four shoe prints in the very centre of the floor — an impossible feat for the average person, considering the distance to the edge of the floor.

After all his hard work, the employee was more angry than afraid, and he cursed the ghost for the dirty shoe prints.

After completely redoing the job he left the building to get a sandwich. When he returned, there were four bare foot prints in the centre of the floor.

Mezger experienced a scarier encounter one night after closing.

Having placed all the stools on the second floor in their place at the tables, she began to walk from the room. As she walked, every single stool tipped and fell to the ground behind her. "I ran!" said Mezger.

The ghost has made herself known in many ways, from moving buckets of water, to strange noises and breathing on the backs of peoples necks.

Several employees have reported a feeling of being watched. Still, everyone is content to work around Nancy and no one has left the establishment because of her.



Party-goers enjoy a night out at the Time Club, a Cambridge bar thought to be haunted by a spirit named Nancy.

(Photo by Trish Jackson)

Evans said they don't know who the ghost is, or why she is there.

They have tried to check into the history of the building but have found nothing unusual to link Nancy to the place.

The three-story stone building was built in 1885 as a post office, with the third floor as an apartment for the postmaster. Over the years, said Evans, it has been an art gallery, the planning department for the City of Cambridge, a restaurant, and for the past decade or so, a nightclub.

Despite other-worldly interference, the Time Club is a rocking gathering spot for club-goers.

The club is unlike any in the area, with its old stone walls, oak

trim, and full-length windows overlooking the Grand River. It features two floors of entertainment, each with its own DJ and bar. The first floor plays dance music, has two pool tables and caters to ages 19 to 25.

The second floor plays classic rock and alternative, and as Mezger said, is more of a place to hang out and listen to music for the over 25 crowd.

"It's cosier and smaller, and staff have a chance to get to know customers there," said Mezger.

It also has a pool table, a small dance floor, and during the summer the larger patio overlooking the river is open.

The third floor used to be dedi-

cated to alternative music, but is currently undergoing renovations.

The music is always all-request on all floors.

"You can't please everybody unless you know what they want," said Mezger.

The Time Club is open Thursday, Friday, Saturday and Sunday nights.

Thursday is their biggest night, beverage prices are very reasonable, and the cover charge is \$2.50.

To get to the Time Club follow Highway 24 to 12 1/2 Water St. S., in downtown Cambridge.

You'll know it by the flashing beacon on the bell tower, and perhaps a little supernatural activity.

The Condor Roost, the school's little known bar

By Dave Luymes

On top of the Kenneth E Hunter Recreational Centre sits a lonely bar named the Condor Roost.

A quick glance at the empty tables and the solitary bartender gives the impression that it rests on the verge of extinction. But staff at the Roost aren't about to let it die just yet.

Engineering student Jennifer Dam has worked at the bar since October, tending the bar, cooking food and cleaning tables whenever someone does come in. Summer is usually a quiet time for most areas of the college.

Dam knows that September's flood of students mostly float right by the Roost.

Last year's talent show scheduled at the Roost had to be cancelled because only one person signed up.

"I would like to see us in a position that most universities have," Dam said, explaining that most university pubs usually have a booming business and are a visible and active part of a student's life.

One of the new sights at the Condor Roost this year will be the Hall of Fame.

A large cabinet will extend the length of the bar's wall, as a tribute to the college's most outstanding athletes and teams. The cabinet will hold a picture of the athletes, and a small description of their accomplishments.

An induction ceremony will be held sometime in the middle of November at the Roost to name the most recent outstanding athletes. New murals painted on the walls will also add to the sporting atmosphere of the Roost.

One of the new sights at the Condor Roost this year will be the Hall of Fame.

The Condor Roost was a smoke-free bar before Waterloo Region and Toronto began suggesting laws banning smoking in public places.

Dam does not think this is a big factor in the small attendance shown at the Roost.

She points to the outdoor patio that holds nearly a dozen picnic tables where customers are free to drink and puff as they please.

So whether you're a tired and thirsty athlete or just thirsty and not quite tired of smoking, the Roost is a nest worth checking out.



The tables at the Condor Roost are empty now, but staff hope that will change with the new crowd of students coming in September.

(Photo by Dave Luymes)

J3

SUPPLEMENT

Are we having fun yet?

Labor rights of students ignored

By Jennifer Dougall

A man who we'll call David has been working at the same pizza place for three years. During that time, he has never been paid for a statutory holiday. When he works the holiday, he is paid time-and-a-half, but if he doesn't work, he gets nothing, though both are legally owed to him.

His employer knows what he is doing is wrong. When another employee complained to the boss about it, she was compensated. Of course "she was the only one out of 14 people to get paid," David said.

David, like many of the millions of part-time employees in Canada, is being taken advantage of. He knows something is wrong, but has no recourse because he is unsure of his employee rights.

If David knew the full extent of his rights, he would have known that every employee in Ontario who has been working at their job for at least three months, has worked at least 12 shifts in the four weeks preceding the holiday and has shown up for their scheduled shifts the days before and after the holiday is entitled to double-time-and-a-half if they work and straight time if they don't.

Even if David was sure he was being taken advantage of, he said he wouldn't mention it to his boss. "I'm not going to try and rock the boat, because a good reference is more important than a couple of day's pay," he said.

With eight public holidays a year, David's silence has cost him a lot more money than he thinks.

Some employers and managers

will take advantage of their employees almost every time if they think they can get away with it.

Some rights the average employee may not be aware they have are the following:

Employees are entitled to a half-hour break for every five hours they work. It is up to the employers whether you get paid for the break or not.

Part-time employees qualify for overtime of time-and-a-half after working 44 hours a week. (However, employers can average the hours over a pay period, so most people need to get over 88 hours in two to qualify.)

If an employer misses hours on a pay cheque, employees have the right to their money before the next payday.

Vacation pay, equal to at least four per cent of an employee's earnings, should be paid yearly.

There are many steps that can be taken if you feel your rights have been violated.

If your company is a chain, you can find out the telephone number of the Human Resources department and lodge a complaint with them.

They are required to speak to the offender, and you can choose to remain anonymous. Your manager should have the number.

A woman, let's call her Hannah, works behind the concession stand at a local movie theatre.

When her employer broke the rules, she decided to take action.

In an effort to stay under budget, Hannah's employer refused to pay his staff if they took longer than they were supposed to to clean the



Julie Martyk, 20, shows off the deep frier at her work, a fast food restaurant on Fairway Road.

(Photo by Jennifer Dougall)

concession stand at the end of the night. He reasoned to her that other employees could finish by the end of their shifts — why should he pay people who can't?

What he failed to mention to Hannah was that there were only about six (out of a staff of 30) that could pull off the feat. Hannah finally decided she'd had enough after working hard one night and, through circumstances she could not have prevented, ended up working 45 minutes later than she was scheduled. She was again told she wouldn't be paid. "I was practically in tears," she said. "I had an exam the next morning."

Like David, Hannah knew that what her employer was doing was wrong, but she didn't know she had any rights to prevent it. She needed only to look to *Employment in Ontario: A Guide to Conditions of Work and Employee Benefits* for the answer. According to the book, all employees must be paid "where work is permitted or suffered to be done by the employer," — which includes working past the end of a shift.

Hannah called her company's Human Resources branch and filed a complaint.

Human Resources arranged a

meeting between Hannah, her employer and the district supervisor to discuss the issue.

Although it will take some time before they find a solution they can all agree upon, Hannah is happy she spoke out.

If going through your manager seems too dangerous, you can call the Ministry of Labor, Employment Standards Division, at 885-5191 or (800) 265-2469.

The Ministry also has recorded information on job termination.

Call toll free: [(800) 387-5494], minimum wages [(800) 387-5497] and overtime pay [(800) 387-5498].

Workshops valuable to new college students

By Shawn Leonard

"Student Success Workshops are a benefit to students who want to learn skills to help deal with the stress of adjusting to college life," says student services councillor Jack Fletcher.

The workshops are great for students returning to school so they can get back into the learning process more efficiently. It also helps teach new students the techniques involved in dealing with classwork so that stress won't be a problem.

The workshops will take place in January. The workshops also help students improve their skills in time management, listening to lectures, note taking and getting more involved in student campus life.

The program also has courses specifically aimed towards students who are single parents, international students or have learning disabilities.

These courses help the students deal with problems that have come up in previous

years. It also introduces students to the services available. Other students can receive help in improving their in-class and extra-curricular abilities.

Of the 12 workshops available, the three-hour course, How to Write an Effective Paper, is the most popular.

The course helps the student be more organized in their writing and make more readable essays, memos and reports.

This course is good for both new students and returning students because it teaches the techniques involved in making sure the work students hand in is up to the standards it should be.

The Listening and Note taking course helps students so they can learn and improve their in-class performance.

Many students finding a difference between high school note taking and college note taking suffer in their classroom performance. It also helps returning students to freshen up on their skills.

The technology department has a work-

shop, Women in Technology, which is an informal get-together that introduces the female first-year students to each other and successful second- and third-year female students. This is important because as a minority in technology, encouragement is necessary and essential.

The Return to Learning workshop helps mature students who are coming to the college after a number of years out of the school system.

The course allows the student to meet a panel of other mature students who will share their experiences and give advice on coping with pressure.

The Doon Student Association has a new course, DSA 101, which will offer students information on the DSA. The one-hour course will cover what activities and services the DSA has for students to make college life more enjoyable.

Fletcher says the students who attend the workshops are usually more successful in their studies. He says this is not because

they took the certain workshop, but says the reason is because they were more motivated to begin with. But he says that the workshops also helped them out a great deal.

The fee for the workshops is \$15. This allows students to take any number of workshops available, as long as they don't conflict with their class timetable.

Fletcher says the fee is necessary to cover the expenses involved in the setting up of the workshops, as well as ensuring the attendance of the student.

The workshops are taught by councillors trained in skills to help students learn how to cope with any foreseen problems that will stand in their way of reaching their academic goals.

The Getting to Know Your Computer will not be returning this year due to the fact that more students are educated in computers and there was a low attendance in the previous years.

The average attendance for a workshop is between 25 to 40 students.

Are we having fun yet?

J3

SUPPLEMENT

By Rick Kew

Let's face it, college students don't go to all the trouble of enrolling — and actually showing up on campus — just to drink beer and party every night. No, not at all, they have come not for the beer, but for the books. Students, some secretly, desire books of all kinds. Along with "occasional bar-hopping or pub crawling" with friends, students today just as likely cast around for sources of just the right book. In the words of store owner Andy Brast they are "book trawling."

Look at the faces of fellow students as they march stridently down the halls toward their first classes of the semester. Those wild, wide-smiling faces do not radiate thoughts of founding new friendships.

No, of course not, those fine, feral smiles have formed in anticipation of instructors ordering them to acquire new textbooks. Textbooks — as students know — become relationships as loving (oh, now I understand) or as hateful (I'll never understand and who cares anyway) as any mortal affair. And as all good students know, there are "places," then there are "places" where a satisfying relationship will begin.

Some courses offered in colleges and universities today require textbooks measured in kilos, not page quantity.

Comic books have touched everyone's life at one time or another

The words "computer programming" come to mind. Programmers, or those curious about programmers, should check out Waterloo Computer Books at the corner of King and Erb Streets. Here, books that seem thicker than a monitor is wide, bulge from the shelves. Every book has something to do with computers. As you enter the store, bargain-basement priced books greet you, many of these could be keepers.

"Quite frankly, computer students do not want a thin waif of a textbook," said Susan

Books educate, enrich and entertain the mind

Reston, who was visiting the store with her boyfriend Jason Black. It seems students today want a thick, information-laden tome that will be worthy of the money they will spend — thick or thin the cost is liable to be \$50 or more.

But computers don't make everyone's day. They take a short walk north to 37 King St. where deep purple paint fronts a source of a different kind, Ears 2 Hear, an emporium with a more laid-back '60s type atmosphere.

This shop carries used books and record albums — yes albums. The books lining the shelf appear to be a microcosm of the various philosophy, religious, or issue-related courses that have been offered at the nearby universities.

Searching for information on some favorite personality from the past?

You might find it here as biographies take up several shelves. For all who believe the end of the world is coming at the turn of the century, there is a fine section dealing with eschatology — don't wait much longer before checking these out.

Cross King Street and go south half a block to Carry-on Comics at the corner of Dupont Street.

You'll know you have arrived when you look up and see Spiderman ready to pounce. Walking inside is like entering a time machine; wall-to-wall posters bring memories of forgotten superheroes flooding back in torrents of color and "wham-bams."

Comic books have touched everyone's life at one time or another

Here you will find copies of everything from the Marvel stable of personalities to lesser-known titles such as Concrete by Paul Chadwick — you have to see it.

Owner Andy Brast says the best sellers

have had exposure either on television — X-Files — or as toys — Spawn (ugly warriors from somewhere). Comic books have been the inspiration for many successful movies, Batman and Superman flicks, as examples. Most comics have a decided American outlook but, Captain Canuck by Richard Comely is 100 per cent maple leaf. Brast said, "Richard frequently comes into the shop and we talk. He's hasn't done much for awhile (publish), but a new issue is coming out in September." Autographed copies of Comely's work extending back to the '70s are available at the shop.

Brast said, "Our business more than doubles when students return in the fall." Maybe it's time we moved along. Continue south on King Street a short block and a half to the Carpenter Shop, at 110 King and, no, you won't find a saw or drill there.

In the bible, Joseph, a carpenter, was the immortal father of Jesus Christ, and this store deals heavily in material related to a Christian way of life. Kathy Schagena, an employee, said, "Students make up a big part of our business. They like the books. But, they really like the music." Schagena pointed out cassettes of popular performers such as, Amy Grant and Phil Keaggy, which she said were top movers. Students are always welcome, even just to browse or to listen to tapes they are interested in, she said. The Carpenter Shop has a separate department for musical instruments, which are displayed for customers.

Schagena pointed out various books that are moving well. Titles she called "Millennium books," dealing with the end of the world from a Bible perspective are popular. Mystery books, motivational books, and others, all intended to enhance or entertain without vulgarity, line the

shelves. And, of course, one of the most talked-about books of all time, the Bible, is still in stock and selling well.

Let's cross King Street to Waterloo Square, a moderate-sized mall. Coles, a prominent national retailer of books, has an outlet among the other boutiques typical of such malls. Maybe you're like Cindy Killins of Waterloo. She craves Stephen King, and knows Coles will have his latest novel, in this case Rose Madder, and the latest episode of his serial, the Green Mile. She says she has a copy of everything King has written. Staff are competent and will be helpful, but you are trawling — remember, so try not to bother them too much.

Still cannot find that one special book? Then let's go out the Erb Street exit, cross the street and walk across the Marsland Centre's parking lot; voilà, a library, the Waterloo public library main branch at 35 Albert St.

Searching for information on some favorite personality from the past?

This library has everything you would expect, and students are welcome. To obtain a card you must provide a piece of signed identification and a piece of mail addressed to your current address.

Libraries today provide more than books. Kitchener and Waterloo public libraries are no exception. Books, popular magazines, books on tape, music, videos, microfiche and microfilm can provide entertainment or information for projects on which you may be working.

Access to library facilities, other than the college, will be helpful not only for study purposes, but can provide inexpensive entertainment as well. So, if you are looking in the mirror some morning and the face you see belongs to a student who has been on one too many pub crawls, give yourself a break, go book trawling, your body won't hate you in the morning and your mind will love it.



Imagine day tripping through the pages of yesterday seeking words of wisdom, but sometimes you must just let it be — trawling

(Photo illustration by Rick Kew)

J3

SUPPLEMENT

Fun yet? Ya' whatever

Finding fun in Kitchener next to impossible

By Ross McDermott

There is nothing to do in the Kitchener-Waterloo area.

Nothing!

My esteemed journalism colleagues may try to convince you that Waterloo region is filled with activities, but I disagree.

Believe you me! I know. I have lived in the area for 31 years and in that time I have never found anything that one could deem interesting or exciting — except maybe pounding back a few beers on the banks of the mighty Grand River.

Now there are those who will claim that I am dull and boring, and this may very well be the case.

But the fact remains, social activities are a scarce commodity in the K-W area.

Brad Bauhaus, a Conestoga College student and a Kitchener resident, agrees. "I don't drink that much," said Bauhaus. "So I just sit around and watch television."

I suppose one could classify drinking alcohol as an activity and as Bryce Wilson points out in his article about bars on King Street, the bar scene is thriving. This could be an option if one enjoys the dulling, stupefying effect of alcohol or wishes to escape from reality (and that is perfectly understandable given the fact that there is nothing to do in the K-W area). Wilson, however, was right on the money when he wrote, "Kitchener seemed boring and I didn't think there was much to do." Have another beer Wilson!

Rick Kew suggests something

different. In his article about book stores, he implies that students might be interested in "trawling" through different book stores in the area.

Excuse me! Kew, have you gone completely mad. Aside from assignments and necessary reading materials for a student's course load, I doubt that students would want to spend their free time reading. Don't we spend enough time during our studies with our noses in books? I know reading is a relaxing activity in which many people find pleasure (myself included), but please. Nobody is going to shower, shave, slap on some cologne, and on a Friday or Saturday night go cruising the local book store scene. Kew, GET A LIFE!

Now there are those who will claim that I am dull and boring, and this may very well be the case

Jeff Horst, a Kitchener resident, thinks that the K-W area also needs to get some life. Though he is content living in the area, he does concede that, "Kitchener is kind of dead."

The dead, according to Trish Jackson in her article on the Time Club in Cambridge, is somewhat of an attraction. She writes that management and some of the employees believe the building is haunted. If this is the case then I'd be willing to bet that the person died of boredom.

Don't get me wrong, the Time Club is a cool place: two levels, a

huge dance floor, a balcony overlooking the Grand River — an excellent place to party if that's what you're into. But personally, I have a problem spending my evenings with the ghost of some dead chick named Nancy who floats around and knocks over stools. Someone should do Nancy a favor and tell her to go into the light.

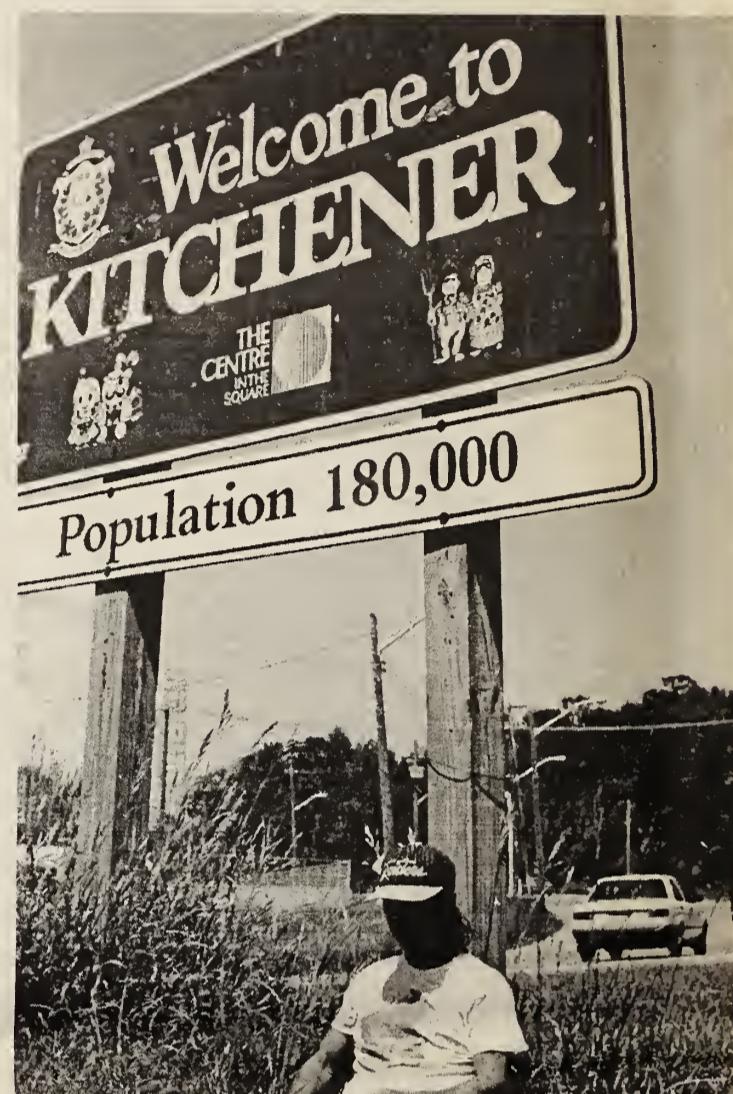
Speaking of light, if you want to lighten the load in your wallet take Sara Maxim's advice and head out to Moose Winooski's. The prices are a bit steep and the food is... well, lets just say the food is food. I have been there — once.

Moose Winooski's is not a bad place (I've been to worse), but as students most of us are operating on a pretty tight budget and Winooski's entertainment value isn't quite equal to the cost. But if you're having a birthday and you really, really want to be humiliated — you want to wear a furry hat with antlers, you want a pie in the face — by all means, go.

But if you're going to go anywhere in the K-W area, you had better have a car. Because, as Lisa McChesney, Conestoga College student and resident of Kitchener, boldly stated, "If you don't have a car you can't do anything because the bus system sucks."

There are, however, some who believe there is plenty to do in the K-W area. Laurie Doersam, student employment officer at Conestoga College, says, "It depends on what you want to do. If you're into nature there are lots of trails."

Doersam also points out that



Brian MaGrowth spends a boring day under the welcome to Kitchener sign for lack of something better to do.

(Photo by Ross McDermott)

there are many beautiful parks in the area. "If you really want to do something," she said, "you'll find it." I suppose there are people who will think that Doersam is right — quoting that tired cliche, "Life is what you make it." If you're one of those people, don't take my word for it. Go out and look around. See what you can find. Judge for yourself. And when you're finished doing that, I'll meet you on the banks of the mighty Grand River — B.Y.O.B.

The good the bad and the ugly



The Journalism 3 class from left to right: Sara Maxim, Dave Luymes, Doug Coxson, Scott Nixon, Bryce Wilson, Jennifer Dougall, Rick Kew, Wendy Cummins, Peggy-Sue Ironside, Eric Whitfield, Trish Jackson and a very, very bored Ross McDermott.

(Photo by Aaron Stewart)

No Jobs, Jobs, Jobs at college

By Deborah Everest-Hill

Career services is familiar with a weekly publication called *Jobs, Jobs, Jobs* but does not subscribe to it, Laurie Doersam of career services says.

Doersam said she doesn't remember career services being approached to carry the employment magazine and doesn't know why the office doesn't have it. She said Mary Wright, on vacation at the time this article was written, is the person to contact concerning the issue.

Debbie Thayer, director of career services at Wilfrid Laurier University, said the annual \$209 subscription fee represents a substantial amount of money for many career centres.

WLU has provided the 12-year-old publication for the past three years, and Thayer said it's been worth the money. She said her

office is familiar with other, more expensive, employment magazines but *Jobs, Jobs, Jobs* offers opportunities at the university graduate level in addition to being most cost-friendly.

Published by 1000 Careers, *Jobs, Jobs, Jobs* contains 1,000 national and international job opportunities each week, costs \$4.99 an issue, but appeals to a limited number of people, Thayer said.

Connie Koebel of WLU's career services said the publication is popular. In the fall and winter semesters when upwards of 10 people a day ask for the publication.

Gary Alexander, a weekly publication browser, said sometimes a listing arrives just before the application deadline expires.

Alexander said he has been looking at *Jobs, Jobs, Jobs* for the last four months and, as a result,

has travelled out West to two interviews.

Some weeks there are as many as five or six job postings in the health and safety field, his area of expertise, and other weeks there are none.

"You can't count on it for your total job search but it's one resource to consider," he said.

Thayer said *Jobs, Jobs, Jobs* has its limitations but overall it's a nicely categorized reference tool which should be utilized.

A resource centre employee at Doon, who declined to give her name, said Waterloo campus declined to purchase the publication because of cost, limited appeal and short application deadlines.

Only about 20 per cent of jobs are advertised so mailing a resume to a posted position is often less effective than networking.



CAREER CRUISIN' — Connie Koebel of WLU's career services with the July 29 issue of *Jobs, Jobs, Jobs*. (Photo by Deborah Everest-Hill)

Ontario student groups' reactions to government paper are mixed

By Paul Tuns

The release of last month's discussion paper, Future Goals for Ontario Colleges and Universities, has elicited mixed reactions from two of the province's largest student organizations.

Also known as the White Paper, it was prepared by John Snobelen, Minister of Education and Training, as a guideline for discussion for a government appointed five-member panel.

Vicky Smallman, chair of the Ontario component of the Canadian Federation of Students, called the White Paper a "dangerous document."

Smallman said the paper does not address the contribution of education to society or the role of research.

She said the Tories view colleges and universities as mere job-training centres. "It lacks a vision of what post-secondary education is in society."

She said the paper is "a subtext for privatization." Smallman said further deregulation and privatiza-

tion is wrong, as "it will create two classes of citizens."

Smallman called the panel one-sided. "There are no students; they are all administrators or government sympathizers. Why is there a representative from Manulife, but no students? Because there is only a concern for financial issues. This panel will advance the privatization agenda of the government."

Michael Burns, executive director of the Ontario Undergraduate Student Alliance, is taking a different approach.

Burns said OUSA is "looking forward to taking part in this much overdue discussion."

He said he agrees with the document's declaration that the Ontario Student Assistance Plan needs reform. He said he supports the government's model for an income contingency payback plan.

However, Burns disagreed with the direction on deregulation, calling the current regulation of fees a wise policy.

But he disagreed with the CFS's

claim the document will lead to greater privatization. He said he has not seen any arguments that make sense in favor of privatization. Burns said the government would not have enough public support to privatize universities.

Burns said the panel is composed of qualified people concerned about education, but he conceded it would have been nice if there was student representation. "The important thing, though, is that students are consulted."

David C. Smith, principal emeritus of Queen's University and chair of the panel that will report to the minister Dec. 15, said the paper provides a context for discussion.

He said while it is only one issue, "the exploration of the balance of costs, among government, private-sector and students" must be looked at. "How can the system provide quality education if the funds are not there?"

Smith said he understood the criticism that there are no students on the panel but promised student groups will be consulted.



STROLLIN' — A group of pedestrians use the sidewalk which leads from the college to the parking lot. The walk is being widened to accommodate the influx of students in the fall. (Photo by Allison Dempsey)

Bank offers on-line student loan service

By Jason Witzell

Students who are not eligible for OSAP can apply for a non-government loan at the Bank of Nova Scotia via the Internet.

Scotiabank is the first major Canadian bank to accept non-government student loan applications on-line.

Beth Polie, customer service representative in consumer credit, said no other bank offers this type of service.

Tim Kastelic, vice-president of consumer credit said, "Students are avid users of the Internet and we wanted to make it as simple as possible for them to apply for a Scotia student loan."

The Scotiabank student loan program assists Canadian students who need financing to continue their education. The program was designed specifically for students who do not qualify

for federal and provincial student loan plans.

In response to rising tuition fees, Scotiabank increased the maximum amount for a student loan to \$6,000 annually to a maximum of \$24,000.

"With the rising cost of tuition, we see the Scotia student loans as an important service in helping young people attain higher education," said Kastelic.

Graduates and those in professional programs can borrow a maximum of \$36,000 for all post-secondary studies.

Polie said applying for a loan on the Internet will not make the process faster but will make it more convenient for the student.

"Students won't need to worry about getting an application through the branch. It will save them a lot of time," said Polie.

The Scotiabank's web site is at <http://www.scotiabank.ca>.

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Ontario Rangers come to Conestoga College

By Linda Reilly



NOT ALONE RANGERS — group of 17-year-old Ontario Rangers from Potters Creek near Simcoe, toured the Doon campus July 30.

(Photo by Linda Reilly)

A group of 17-year-old Rangers from Ontario Rangers Camp were given a tour of Conestoga College July 30.

Matthew Derkacz of Sudbury, the camp's sub-foreman, led the tour. Derkacz is also a third-year business administration student at Conestoga's Doon campus.

The purpose of the visit was to give the Ranger Camp an idea of college and university life, according to Jason Smith, camp foreman.

The Ontario Rangers Camp is in its 20th year of operation in Potters Creek, in Haldaman-Norfolk County, near Simcoe.

Smith said the Rangers' Camp is a work camp similar to a summer job. Applications are sent to the camp to work there. The camps are not co-ed; there are either male or female camps and there is no gender bias.

The camp has 24, 17-year-old Rangers from all over Ontario. The Rangers come from as far north as Timmins according to Truong Vu, sub-foreman and ranger at the camp.

Six of the Rangers are foremen. The camp is eight weeks long and has a balanced program throughout the summer. The three main components of the program are work, education, and recreation.

According to Vu, the camp is affiliated with the Ministry of Natural Resources and takes care of provincial parks.

The two parks the camp takes care of are Turkey Point and Long Point national parks.

"These parks have good tourism because of their beaches," Vu said.

The camp is also involved in Long Point World Biosphere Research Foundation, streamside rehabilitation and a tree nursery at St. William Station.

"The camp gets involved," he said. "The rangers do odds and ends for the community, such as repairing shingles, weed removal and removal of purple loosestrife."

The educational component makes up about 15 per cent of the program. The education encourages the Rangers to learn about the natural environment in southwestern Ontario, in the Alymer district especially.

Intramural sports offer a variety of choices

By Doug Coxson

In the hectic days that lie ahead for students battling homework, assignments, tests and part-time jobs, one of the few diversions from the resulting stress can be found at the Kenneth E. Hunter Recreation Centre in the form of intramural sports.

"It's a great stress reliever," said athletics programs assistant, Marlene Ford. "It's a great way to meet new people in the terrific facility we have here and it's something the students appreciate."

The programs offered this fall include co-ed slow pitch, men's fast-

ball, co-ed touch football, and five-on-five touch football. There is also a tennis tournament on Sept. 16 at 5 p.m., and an Oktoberfest open golf tournament at Doon Valley Golf Club on Oct. 3 at 2 p.m. The price for the golf tournament will be discounted from regular green fees and more information will be available in the next week.

Also in the fall, there is an extramural men's fastball tournament which takes place on Oct. 11 which puts Conestoga's team in competition with teams from other colleges. Tryout dates for the fastball team are on Sept. 17 and 24, and

Oct. 1 and 8. During the first week of school, the athletic committee holds a blitz week in the cafeteria to answer any questions students might have about the rec centre and intramural and varsity team sign-ups.

The turnout for the intramurals is different every year, said Ford, but usually the most popular teams in the fall are the slow-pitch teams.

The winter months offer even more intramural choices for students looking for a challenging break from studying. The rec centre offers co-ed volleyball, indoor soccer, men's ball hockey, men's non-

contact hockey, and basketball.

The intramurals run after school, starting at around 4:30 p.m., and in the evenings so students don't have to worry about any conflicts with classes. There are captains' meetings at the beginning of each intramural season, which outline the rules of play, eligibility, playoff formats and playing times for students. The first meeting will be held Sept. 13.

For students interested in meeting people, intramurals offer a great bonding atmosphere said Ford.

"Sometimes you see a lot of teams where there are individuals for the

first season on a team, and by the second year of college they are on the same team and they aren't called individuals any more, they've made 10 friends."

Intramurals are not only for the sports enthusiast, noted Ford, but they allow everyone to participate at a level that is challenging and fun.

"It's not varsity, it's not highly competitive, but it's competitive enough that everyone is happy at the end of the night. Everyone goes away with a smile. It's exercise, it's for all ages and it's free," said Ford.



WONDERING 'BOUT MOM — Two-year-old Zachary Sargeant and his father Noel pass the time while mom writes an exam at the Doon campus August 6.

(Photo by Janet White)

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